



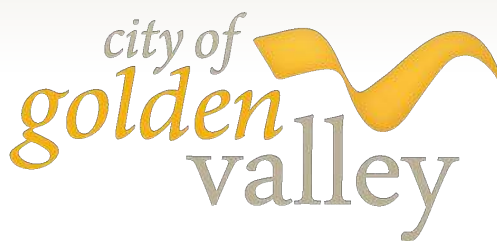
[www.goldenvalleymn.gov](http://www.goldenvalleymn.gov)

# PARKS & RECREATION

## SPRING/SUMMER 2018 ACTIVITIES GUIDE



**Parks & Recreation**  
316 Brookview Pkwy S  
Golden Valley, MN 55426  
Phone 763-512-2345  
Cancellations 763-512-2350



**Golden Valley City Hall**  
7800 Golden Valley Rd  
Golden Valley, MN 55427  
Phone 763-512-2345  
Fax 763-593-8109

### City Offices Closed

Memorial Day (May 28), Independence Day (July 4), Labor Day (Sept 3)



This document is available in alternate formats upon a 72-hour request. Please call 763-593-8006 (TTY: 763-593-3968) to make a request. Examples of alternate formats may include large print, electronic, Braille, audiocassette, etc.



# Golden Valley Parks & Recreation

Building community through people, parks, and programs

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# BROOKVIEW

[brookviewgoldenvalley.com](http://brookviewgoldenvalley.com)

THREE  
ONE  
SIX  
BAR + GRILL

763-512-2300

**April 1-Oct 31**

Mon-Thur | 6 am-11 pm  
Fri-Sat | 6 am-12 am  
Sun | 6 am-10 pm

**Nov 1-March 30**

Sun-Wed | 8 am-9 pm  
Thur-Sat | 8 am-11 pm

### Events

763-512-2345

Mon-Fri | 8 am-4:30 pm

### Guest Services

763-512-2345

Mon-Sat | 8 am-9 pm

Sun | 9 am-5 pm

### Golf and Lawn Bowling

763-512-2300

Tee Times | 763-512-2330

Par 3 Course | 763-512-2333

Cancellation Line 7 | 63-512-2300

Mon-Fri | 8 am-4:30 pm

Pro Shop Hours vary seasonally

**backyard**

**Information and  
Party Room Reservations**  
763-512-2345

Mon-Sat | 9 am-8 pm  
Sun | 9:30 am-5 pm

### Closed

May 28-30  
July 4  
Sept 3

# Entertainment *in the* Parks



**CONCERTS  
IN THE PARK**

Concerts held in Brookview Park



**MOVIES  
IN THE PARK**

**JUNE 4**

7 pm

## **GOLDEN VALLEY ORCHESTRA**

Music of stage and screen, with hits from opera, Broadway, and movies you love



**JUNE 11**

7 pm

## **STOMPIN' DIXIE**

A razzmatazz style of bass walking, guitar chunking, and horns riffing



**JUNE 18**

7 pm

## **SRAZHALYS**

Melodic flavors of Eastern Europe and Central Asia merged with Celtic sensibilities and hard-driving rhythms



**JUNE 21**

7 pm

## **ROBBINSDALE CITY BAND**

Entertainment by one of the longest continuously active community bands in Minnesota



**JUNE 25**

7 pm

## **PLYMOUTH CONCERT BAND**

Concert band music, with light marches and medleys from popular movies



**JULY 9**

7 pm

## **JOHN PHILIP SOUSA BAND + ICE CREAM SOCIAL**

A summertime favorite, paired with the annual Ice Cream Social



**JULY 16**

7 pm

## **BANJO BOYS**

Variety of pop, swing, blues, country, and ragtime hits, featuring vocal harmony and sing-a-long



**JULY 23**

7 pm

## **PAN-HANDLERS STEEL DRUM BAND**

Instrumental covers of popular tunes on steel drums



**JULY 30**

7 pm

## **VINNIE ROSE**

Local acoustic guitarist and vocalist playing pop, rock, country, R&B, and blues



**AUG 6**

7 pm

## **PERCOLATORS**

'60s rock in three-part harmony



**AUG 10**

8:30 pm

## **SPACE JAM**

Brookview Park



**AUG 13**

7 pm

## **WONDERCURE**

Cover tunes from the '70s



**AUG 24**

8:30 pm

## **THE INCREDIBLES**

North Tyrol Park

**Sponsored by** the Golden Valley Neighborhood Association  
**Funded by** the Golden Valley Community Foundation



# BROOKVIEW backyard indoor playground

.....

## A cool place to play!

Ages 2-12 (tot area for ages 2-5)

At Brookview Golden Valley, the west metro's newest entertainment and recreation destination

Book a birthday party now.

[brookviewbackyard.com](http://brookviewbackyard.com)



## THREE ONE SIX BAR + GRILL

### SUMMER HOURS

Mon-Thur | 6 am-11 pm  
Fri & Sat | 6 am-midnight

[brookviewthreeonesix.com](http://brookviewthreeonesix.com)

### DECK + PATIO

Opens this Spring  
(when weather permits)

- Great Views
- Dog Friendly
- Fire pit
- Music



### HAPPY HOUR

Daily 3-6 pm

### TRIVIA NIGHTS

Mondays at 7 pm







## April 21, 2018

**7:45 am** – 0.2K Kids Fun Run

**8 am** – 10K Run

**8:10 am** – 5K Run

**8:15 am** – 5K Walk

**Brookview**

316 Brookview Parkway S  
Golden Valley, MN 55426



100% of the proceeds are allocated to agencies that help Golden Valley residents in need.

### Register early!

Visit the City of Golden Valley website to download a registration form to mail, stop by Brookview, or register online at [www.goldenvalleymn.gov/events/runthevalley](http://www.goldenvalleymn.gov/events/runthevalley) (click "Registration"). Online registration must be done by April 19.

**\$30:** Before March 1

**\$35:** March 2–April 20 (by 2 pm)

**\$40:** Day of Race

**\$20:** Youth age 12 & under (shirt and number only, no chip timing)

**\$25:** 5K Walk

**\$5:** Kids Fun Run (includes number and participation ribbon)

**Questions? Call 763-512-2345**

[www.goldenvalleymn.gov/events/runthevalley](http://www.goldenvalleymn.gov/events/runthevalley)

# Youth and Family Community Events

Join us this summer for these popular events. These events are free and open to the public. Sponsored by the Cities of Crystal, Golden Valley, New Hope, and Robbinsdale.



## 2018 Bike Rodeo

**FREE**

Ages 12 & under with adult

Learn how to be safe when riding your bike this summer! Get your helmet properly fitted (helmets available for purchase), navigate through a safety skills course specifically designed by the police department, and get your bike a quick safety check. Participants will be entered into a drawing to win a new bike! Refreshments provided by the Golden Valley VFW Post #7051.

Thur, May 3  
6–8 pm  
Crystal Community Center

## Vehicle Fair

**FREE**

All ages welcome

A wide variety of trucks and cars will be on display to explore and see up close. Remember to bring your camera! A free-will donation of a non-perishable food for the local food shelf will be collected at the event. In case of inclement weather, call 763-531-1173 after 9:30 am. Sponsored by the City of Golden Valley, Crystal, New Hope, and Robbinsdale.

Sat, May 12  
10 am–noon  
Crystal Community Center



## Family Storytime

**FREE**

Ages 12 & under with adult

Enjoy a morning in the park where stories and books come alive to delight, inspire, and trigger the imaginations of all who listen. Offered in the Cities of Golden Valley, Crystal, New Hope, and Robbinsdale.

10–10:45 am

Wed, June 20  
New Hope's Outdoor Theater

Wed, July 11  
Crystal's Becker Park

Wed, July 25  
Brookview Park Gazebo

Wed, Aug 8  
Robbinsdale's Lakeview Terrace Park





## Mites Playground Adventure

Ages 4–6

Let's get outside and play! We have tons of fun planned specifically for kids not quite ready for the full Summer Playground Adventure experience, including games, arts and crafts, songs, and storytelling developed just for kids ages 4–6. Participants will be supervised by staff experienced in recreation and working with children. Min 10, max 24 per location.

Mon–Thur, June 11–Aug 2  
(no program July 2–5)

9:30–11:30 am

\$10 resident/\$12 non-resident

Lions Park S1231A

Scheid Park S1231B

## Summer Playground Adventure

Ages 7–12

Enjoy a summer of outdoor fun with games, arts and crafts, great playgrounds, nature activities, and more. Participants will be supervised by staff experienced in recreation and working with children. Min 10, max 40 per location.

Mon–Thur, June 11–Aug 2  
(no program July 2–5)

1–4 pm

\$15 resident/\$17 non-resident

Hampshire Park S1228A

Lions Park S1228B

Scheid Park S1228C

Wesley Park S1228D

## Playground Adventure Van

FREE

Ages 7–12

Our entertaining and experienced staff brings the Summer Playground Adventure to your neighborhood park! This free drop-in program includes fun playground games, crafts, and activities.

Mon–Thur, June 11–Aug 2  
(no program July 2–5)

9 am–noon

Monday

Glenview Terrace Park

Tuesday

North Tyrol Park

Wednesday

Stockman Park

Thursday

Medley Park

## Camp Valley Ages 7–12

Camp Valley is an action-packed week full of adventures, including games, swimming, new friends, team challenges, arts and crafts, snacks, and exciting outdoor experiences. Participants will be supervised by our enthusiastic playground staff. Participants should bring a water bottle and bag lunch each day. Join us to have fun, learn, and make new friends before heading back to school! Min 12, max 48 per session.

Brookview Park Large Pavilion

9–4 pm

\$129 res/\$135 non-res

Mon–Fri, Aug 6–10

S1240A

Register by July 30

Mon–Fri, Aug 13–17

S1240B

Register by Aug 6

REGISTER EARLY!  
Space fills fast!





## Kids Club

Ages 3–5

Each Kids' Club class is specifically designed for preschool-age children. Filled with art projects, stories, music, and games, it promises to be a fun and positive learning experience. Children must be potty trained.

Instructor Lisa London has led the program for the past 20 years in Golden Valley. She has bachelor of science degrees in early childhood education and music and has a huge passion for working with preschoolers.

Crystal Community Center  
Tue/Thur, April 10–May 24  
9:30–11:30 am

\$84 resident/\$89 non-resident  
W1214B  
Register by April 6

## Grandparent And Me—Elmo's World

Ages 1½–6 with an adult

Grandparents, come create the cutest Elmo projects with your grandchild. We'll use a variety of kid-friendly art materials to build an adorable project inspired by that furry red monster with an orange nose.

Brookview Wirth Lake Room  
Wed, April 4  
6–7 pm  
\$15 resident/\$17 non-resident  
S1415A  
Register by March 28

## KinderBot Camp

Ages 4–6

Begin to explore the world of robotics by building simple models that teach the fundamentals of robotic design. Learn about sensors while building drills and magic wands. Discover the ways that gears and pulleys create movement while building helicopters and robotic dogs.

Crystal Community Center  
Mon–Thur, June 11–14  
9 am–noon  
\$125 resident/\$130 non-resident  
S1246A  
Register by June 1

## Science In The Kitchen With Science Explorers

Ages 3½–6

Join Science Explorers as we throw open the kitchen cabinets and enjoy fun, "hands-in" science. We will explore states of matter, chemical reactions, and more, with experiments that bubble, fizz, crackle, and pop. Be sure to dress so you can get messy. *NOTE: Flour, cornstarch, oil, and other common kitchen ingredients may be used, but not consumed.*

Northwood Park, New Hope  
Fri, June 15–29  
9:30–11:30 am  
\$51 resident/\$58 non-resident  
S1247A  
Register by June 8



## Fascinating Physics With Science Explorers

Ages 3½–6

Children will use natural curiosity to explore the science of motion. We will investigate force, friction, gravity, simple machines, and much more with engaging activities and experiments. Lego® and K'NEX® building systems will also be used to enhance learning.

New Hope Ice Arena  
Mon–Thur, July 23–26  
1–3 pm  
\$66 resident/\$73 non-resident  
S1202A  
Register by July 18



## 3D Dino World Pajama Party

Ages 3–6

It's time for a prehistoric pajama party! We have a busy evening planned where we will create an awesome 3D dinosaur diorama! Please pack a nut-free snack and drink for your child.

Brookview Wirth Lake Room

Wed, May 9

6–8 pm

\$28 resident/\$31 non-resident

S1248A

Register by May 2

## Superheroes To The Rescue Art Camp

Ages 3–6

Calling all superheroes! It's time to channel your child's super-creativity into making awesome works of art all with superhero themes. Please pack a nut-free snack and drink for your child.

Brookview Wirth Lake Room

Wed–Thur, June 20–21

1:30–4 pm

\$54 resident/\$58 non-resident

S1249A

Register by June 13

## Acting Camps



Ages 5–12

Kids will develop their acting skills, learning script reading, acting exercises, and performance preparation. The camp will conclude with a final performance on Friday evening, complete with costumes, props, makeup, and scenery. All campers should plan to attend the final performance on Friday, Aug 10, at 7 pm.

### IN THE WINGS

Ages 5–7

New Hope Outdoor Theatre

Mon–Fri, Aug 6–10

9–10 am

\$41 resident/\$48 non-resident

S1250A

Register by July 27

### ENTER STAGE LEFT

Ages 8–12

New Hope Outdoor Theatre

Mon–Fri, Aug 6–10

10:15 am–1 pm

\$69 resident/\$76 non-resident

S1250B

Register by July 27

NOTE: Participants should bring a peanut-free lunch and drink each day.



# Parent/Child Event Series

Several unique events throughout the year with something for all families. Designed specifically to create special memories together. Upcoming program details provided seasonally.

Sponsored by the Cities of Crystal, Golden Valley, New Hope, and Robbinsdale.

## Mother/Daughter Tea Party

Ages 3–10 with an adult

Enjoy an afternoon of tea, refreshments, entertainment, crafts, and more.

Brookview Bassett Creek Room

Sat, April 28

1:30–3 pm

\$25 resident couple

\$28 non-resident couple

\$15/add'l child

S1502A

Register by April 16



## Family Game Night



Ages 3–14 with an adult

Join us for a fun-filled evening of board games, dinner, and entertainment on the Brookview Deck.

Brookview Deck

Thur, June 21

6–8 pm

\$25 resident couple/\$28 non-resident couple

\$15/add'l child

S1503A

Register by June 11

## Little Tigers Self Defense

Ages 3–5

Master Tom Malone will help your child learn self-defense and martial arts skills while developing coordination and flexibility. Basic kicks, punches, and strikes are taught through a variety of exercises and fun games. This program promotes focus, discipline, and respect—great personal tools to carry into the future. Please ensure your child is ready to begin at the start of the class. Resident fee applies to Golden Valley, New Hope, and St Louis Park.

Davis Community Center  
5:45–6:15 pm

Tue, April 3–May 15  
(no class April 24, May 8)  
\$53 resident/\$57 non-resident  
W1120B  
Register by March 30

Tue, June 12–July 24  
(no class July 3)  
\$59 resident/\$63 non-resident  
S1120A  
Register by June 8

## Tae Kwon Do

Ages 5+

This program will teach discipline, focus, endurance, and flexibility. Master Tom Malone will help you achieve awesome kicks, punches, and strikes while getting in shape. Resident fee applies to Golden Valley, New Hope, and St Louis Park.

Davis Community Center  
6:15–7 pm

Tue, April 3–May 15  
(no class April 24, May 8)  
\$59 resident/\$63 non-resident  
W1118B  
Register by March 30

Tue, June 12–July 24  
(no class July 3)  
\$69 resident/\$73 non-resident  
S1118A  
Register by June 8

## Star Wars®–My Pet Porg

Ages 5–12

Who doesn't love those adorable porgs from the Star Wars® movie The Last Jedi? Learn step-by-step techniques to draw and paint your very own pet porg on a canvas board. Please pack a nut-free snack and drink for your child.

Brookview Wirth Lake Room  
Wed, April 18  
6–8 pm  
\$28 resident/\$31 non-resident  
S1251A  
Register by April 11



## The Best Ever Art Camp

Ages 5–12

This camp is packed full of our most requested art projects! Snow globes, glow-in-the-dark projects, and messy clay masterpieces are all put together in one highly-anticipated camp. This is the stuff kids can't get enough of, and it's guaranteed to be an artsy good time. Please pack a nut-free snack and drink for your child.

Brookview Wirth Lake Room  
Wed–Thur, July 18–19  
9–11:30 am  
\$54 resident/\$58 non-resident  
S1252A  
Register by July 11

## Tie Dye Party

Ages 5–12

Send your kids to class to make a tie-dyed shirt they will wear all summer long. Children must bring their own white T-shirt to class. Please pack a nut-free snack and drink for your child.

Lions Park  
Fri, Aug 24  
9–11:30 am  
\$28 resident/\$31 non-resident  
S1253A  
Register by Aug 17





## Minnesota Starwatch

**Ages 5+ with an adult**

Grab your lawn chairs and join WCCO Meteorologist Mike Lynch for a fun-filled evening exploring the galaxies, planets, moons, and stars with large reflective telescopes! Participants will learn how to use the equipment, enjoy an out-of-this-world snack, and receive a handout package with maps and constellations. Don't be afraid to come dressed up as your favorite Star Wars character. May the 4th be with you.

**New Hope Outdoor Theater**

**Fri, May 4**

**8:30–10:30 pm**

**\$12 resident/\$14 non-resident**

**S1254A**

**Register by April 24**



## Alphabet Soup Science Camp

**Ages 6–9**

From air pressure to zeppelins, the alphabet is our guide for FUN science experiments. Can you splash water using only sound energy? YOU CAN AT SCIENCE CAMP! Build your very own catapult to take home. Have a BLAST launching water rockets, digging for dinosaurs, making F5 tornadoes, exploring with magnets and worms, Oobleck chemistry, parachutes, and much more!

**Little Acre Park, New Hope**

**Mon–Thur, July 9–12**

**9 am–noon**

**\$99 resident/\$104 non-resident**

**S1255A**

**Register by June 29**

## Science Explorers S.T.E.M. Sampler Camp

**Grades 1–5**

Join Science Explorers for a week of STEM exploration with fun and engaging experiments and activities. Enjoy ooey, gooey, slimy science experiments, learn about mummification and pyramids, and investigate engineering, technology, and math through building and modifying of straw rockets. Remember to bring a bag lunch and drink each day.

**Valley Place Park, Crystal**

**Mon–Thur, Aug 20–23**

**9:30 am–2:30 pm**

**\$130 resident/\$137 non-resident**

**S1241A**

**Register by Aug 13**

## Minecraft Game Designer

**Ages 6–9**

This class will reinforce problem-solving skills and spatial cognition through learning to create in-game puzzles, mazes, and obstacle courses. Learn basic game design skills while collaborating to build Adventure Maps, as well as some advanced features of Minecraft, such as Command Blocks. Bring a drink and peanut/tree nut free snack daily.

**Crystal Community Center**

**Wed–Thur, Aug 1–2**

**9 am–noon**

**\$69 resident/\$73 non-resident**

**S1256A**

**Register by July 24**

## Combat Robots Camp

**Ages 7–14**

Come and learn engineering strategies for building sturdy structures using Lego bricks, and then apply that knowledge to build a robot for friendly competition. You'll have a blast as you play robot football and complete the hoop challenge in this fun robotics camp.

**Crystal Community Center**

**Mon–Thur, June 11–14**

**1–4 pm**

**\$125 resident/\$130 non-resident**

**S1257A**

**Register by June 1**



## Private Piano Lessons

**Ages 7+**

These 30-minute lessons are taught by qualified and experienced teachers. You will learn basic and advanced keyboarding techniques, sight reading, music theory, and ensemble playing. Resident fee applies to Brooklyn Park, Golden Valley, Maple Grove, and Plymouth.

**TO REGISTER:** Call 763-509-5224 to establish a lesson time. After you establish the lesson time, you will receive directions to register for the program.

Brookview Fossil Creek Room

Between 3–9 pm

### SESSION I

Tentative Recital May 19 & 20

Mon, April 9–May 21

Instructed by Mila Maron

\$164 resident/\$169 non-resident (includes recital)

W1210C

Wed, April 11–May 16

Instructed by Maria Steele

\$142 resident/\$147 non-resident (includes recital)

W1210D

### SESSION II

\$198 resident/\$203 non-resident

Mon, June 11–Aug 13 (no class July 2)

Instructed by Mila Maron

S1210C

Wed, June 13–Aug 15 (no class July 4)

Instructed by Maria Steele

S1210A

## String Instrument Lessons

**Ages 7+**

These 30-minute lessons feature qualified and experienced teachers who will provide instruction to help develop tone, rhythm, and reading skills. Beginner to intermediate students welcome. Students need their own instrument at home for practice. Instruments include classical violin, Suzuki violin, viola, cello, and bass. Lessons instructed by Andrea Noteboom.

Brookview Fossil Creek Room

Thur, June 14–Aug 16 (no class July 5)

3:30–6:30 pm

\$198 resident/\$203 non-resident

S1261A

## Youth Enrichment League Fencing

**Grades 2–8**

Participants wanted for the “sport of the intellectual athlete.” Olympic Fencing Coach Ro Sobalvarro’s curriculum shares an immense knowledge for the sport of fencing, with safety the top priority. New and experienced athletes welcome. Safety swords, protective masks, chest plates, and jackets provided. Resident fee applies to Golden Valley, Crystal, New Hope, and Robbinsdale.

Crystal Community Center (4800 Douglas Dr)

Thur, April 5–May 17 (no class May 3)

7:40–8:40 pm

\$75 resident/\$82 non-resident

W1110B

## Archery

**Ages 8–14**

Learn safety and proper techniques while shooting compound and traditional bows. Participants will also learn history and traditions surrounding the sport of archery. Youth will have individualized instruction based on their skills. Bring a peanut-free snack for the June and July sessions. Resident fee applies to Golden Valley, Crystal, Robbinsdale, and New Hope.

Robbinsdale Community Gym

(37th & Toledo Ave N, Robbinsdale, enter door #18)

Tue, April 10–May 1

6–7:30 pm

\$65 res/\$69 non-res

Register by April 6

S1108A

Fri, June 8–29

9–11 am

\$76 res/\$81 non-res

Register by June 1

S1108B

Fri, July 13–Aug 3

9–11 am

\$76 res/\$81 non-res

Register by July 6

S1108C





## Scientist Camp

Ages 9–12

Dig into what it takes to be a paleontologist and see what reaction you get from being a chemist. Let your hair down and explore your animal side as a zoologist, and build up what it means to be an engineer. Make and take experiments include Fossil Prints, Spectrum Specks, Spooky Spider, and more!

Little Acre Park, New Hope

Mon–Thur, July 9–12

1–4 pm

\$99 resident/\$104 non-resident

S1258A

Register by June 29

## When I'm In Charge

Ages 8+

This unique course is offered for boys and girls age 8 and older who are ever home alone. It will cover all the safety concerns parents have when their children are by themselves, including arriving home, responsibilities, phone and Internet safety, fire and gun safety, and more. Parents are welcome and encouraged to attend the last 30 minutes of class.

Brookview Valley Room North

5:30–8:30 pm

\$55 resident/\$59 non-resident

Mon, April 16

W1226C

Mon, May 14

S1221A



## Java Minecraft Modding

Ages 9–13

Learn and use elements of Java coding to create a Minecraft Mod and a set of tools and weapons, then combine the functions into one super tool. Participants should be comfortable with keyboarding and playing Minecraft. At the end of the class, take home your Mods to share. Bring a USB drive and a drink and peanut/tree nut free snack daily.

Crystal Community Center

Wed–Thur, Aug 1–2

1–4 pm

\$69 resident/\$73 non-resident

S1259A

Register by July 24

## Babysitting Training

Ages 11–15

Course includes fun activities, exciting videos, lively discussions, and real-life problem-solving situations. Participants must be 11 years old by the first day of class. Participants will learn Safety and Safe Play; Basic Care: Feeding and Diaper Changing; First Aid (what to do if an accident happens); Leadership (how to have fun with the kids but stay in control); and Professionalism (what you should ask during a babysitting interview). Participants provide own lunch and snack.

Brookview Valley Room North

8 am–6 pm

\$106 resident/\$111 non-resident

Sat, May 12

S1215A

Sat, July 21

S1215B

## Tween Yoga

Ages 10–15



This introduction to yoga class is designed to inspire and empower students to listen to their bodies and explore challenge (both mental and physical) as often as honoring the balance found in stillness and rest. This class is specifically designed for "Tweens" teaching fundamental Yoga postures, relieve stress, and build flexibility, strength and focus. Each week will focus on building to complete a peak pose. Each participant will receive a t-shirt and yoga mat with registration. Instruction provided by Nexus Human Performance. In case of inclement weather, indoor space will be provided at Brookview.

Brookview Park Gazebo

6:15–7 pm

\$44 resident/\$47 non-resident

Tue, June 5–26

S1262A

Register by May 29

Tue, July 10–31

S1262B

Register by July 3



# Friday Fun Days

Who's ready for summer adventures? Join our awesome staff to explore new places and discover all sorts of fun! Each Friday will offer entertaining, exciting, and unique Minnesota experiences. Transportation and supervision provided for activities located outside Golden Valley.



## Water Days I & II At Scheid Park

Ages 14 & under with adult

Join us for our annual Water Days! Come to one or both days. Be prepared for a wet and wild day featuring water slides, music, snacks, and games.

Fri, June 15 & July 20  
12:30–2 pm  
Scheid Park

**FREE**

## Whirlyball And Laser Tag Field Trip

Ages 9–15

What the heck is Whirlyball? It's an extremely fun "sport" that combines basketball, hockey, lacrosse, and bumper cars—yes, bumper cars! This trip features an action-packed afternoon filled with Whirlyball, laser tag, and a pizza lunch. Participants must be 54 inches or taller to play Whirlyball.

Fri, June 22  
10:45 am Depart Lions Park  
4 pm Return to Lions  
\$59 resident/\$63 non-resident  
S1606A  
Register by June 15

## Apple Valley Aquatic Center Field Trip

Ages 7–15

Ready for some waterpark fun? We are headed to this fun-filled waterland to swim, ride waterslides, jump off diving boards, and play on interactive water features. Participants should bring a bag lunch.

Fri, June 29  
10:30 am Depart Lions Park  
4 pm Return to Lions  
\$29 resident/\$32 non-resident  
S1607A  
Register by June 22

## Magic In The Park With Patrick Wallace

All ages welcome

Pack a picnic, grab a blanket, and enjoy a fun, captivating, and interactive magical performance with a mix of close-up magic, mentalism, and grand illusions.

Fri, July 6  
11:30 am–12:30 pm  
Brookview Park Gazebo

**FREE**

## Ziplining At Kerfoot Canopy Tours Field Trip

Ages 10–15

Join us for the ultimate Minnesota adventure as we travel to the Minnesota River Valley, where professionally trained guides take guests through a course that includes 14 zip lines spanning over 1 mile, spiral staircases, and a 170-foot suspension bridge. Participants will start at Ground School before going to the zip line tour, which gets progressively higher, longer, and faster as you move through the course. To participate, children must weigh at least 70 lbs and have a vertical reach of 5 feet. Participants should bring a bag lunch.

Fri, July 13  
8:45 am Depart Lions Park  
4 pm Returns to Lions  
\$79 resident/\$84 non-resident  
S1608A  
Register by July 6





## Wild Mountain Water Park Field Trip

**Ages 8–15**

Summer's not over yet, so join us at Wild Mountain to ride on a 1,700-foot alpine slide track, drive go-karts, and cool off on several waterslides, a lazy river, tipping bucket, and water playground. To ride the alpine slide you must be 54 inches or taller. Participants should bring a bag lunch.

**Fri, July 27**

**9 am Depart Lions Park**

**4:30 pm Returns to Lions**

**\$49 resident/\$52 non-resident**

**S1605A**

**Register by July 20**

## Bike To The Ball Park Field Trip

**Ages 14 and under**

Let's take a scenic 8-mile bike ride through Golden Valley to Target Field. Once arriving in Twins Territory, we will enjoy a baseball game between the Minnesota Twins the Cleveland Indians. Participants should bring their own bike, water bottle, lock, helmet, and money for food. Game time is 12:10 pm. Adults are welcome too!

**Wed, Aug 1 (not Friday, but oh well...)**

**10:30 am Depart Lions Park**

**4:30 pm Return to Lions**

**\$29 resident/\$32 non-resident**

**S1602A**

**Register by July 16**

## Penny Carnival

**Ages 14 and under with adult**

Shake those pennies out of the piggy bank and join us for an enjoyable afternoon filled with carnival games, inflatables, water activities, puppet shows, snacks, hayrides, and more! Games and activities cost 3–5 cents per play.

**Fri, Aug 3 12:30–2 pm Brookview Park**



## Public Safety In The Parks

**FREE**

Meet your Golden Valley Police and Fire Departments in your neighborhood park.

Learn some valuable safety information and be prepared to get wet. Join us!



Thur, June 21	11 am	Gearty
Thur, June 28	2:30 pm	Wesley
Thur, July 12	2:30 pm	Hampshire
Thur, July 19	2:30 pm	Lions
Thur, July 26	11 am	Medley
Thur, Aug 2	2:30 pm	Scheid

## Golden Valley Puppet Wagon

**FREE**

Golden Valley's famous Puppet Wagon is coming to a park near you! Join us each week for fun stories and adventures told by your favorite puppets. Don't forget to check out the special appearances at the Golden Valley Library, too! No programs July 2–5.

### Mon–Thur, June 11–Aug 2

#### MON & WED

9:45 am Gearty  
10:30 am Scheid  
11:15 am Hampshire

#### TUE & THUR

9:45 am Medley  
10:30 am N Welsey  
11:15 am Lions

#### GOLDEN VALLEY LIBRARY

Fri, June 15 - 10:30 am  
Fri, July 20 - 10:30 am





## T-Ball Stars

Ages 3–4

This exciting program is designed to provide 3- and 4-year olds the opportunity to develop large motor skills and learn about baseball. We will focus on basic skill development, fundamentals, and sportsmanship. Children must be out of diapers to participate.

Davis Community Center

Thur, April 26–May 31 (no class May 3, 24)

5:45–6:30 pm

\$29 resident/\$32 non-resident

S1100A

Register by April 20

## Kids Korner Sports Sampler

Ages 3–4½

Participants will learn the fundamentals of a variety of sports and socialize with their peers. Each session will feature three different sports working to build skill development, teamwork, and sportsmanship.

Wesley Park

9:30–11 am

\$35 resident/\$38 non-resident

### BASKETBALL, GOLF, T-BALL

Tue & Thur, June 12–28

S1223A

Register by June 4

### FOOTBALL, SOCCER, T-BALL

Tue & Thur, July 10–26

S1223B

Register by July 2



## Amazing Athletes

Ages 3–5

The perfect class to give every child an opportunity to get moving, develop sports skills, and learn the fundamentals of a different sport each week. Children will work on hand-eye coordination, gross motor skills, and cognitive development.

### DAVIS COMM CENTER

\$40 resident/\$43 non-resident

Mon, April 9–30

5:45–6:30 pm W1101E

6:45–7:30 pm W1101F

Register by April 2

### CRYSTAL COMM CENTER

\$40 resident/\$43 non-resident

Thur, Aug 2–23

5:30–6:15 pm S1101C

6:30–7:15 pm S1101B

Register by July 25

## Mini US Open

Ages 3–14 with an adult

Celebrate the legendary US Open with a round at Brookview's Par 3 Course, featuring special flags and enlarged cups specifically designed for this family event. Adults, caddie for your little champions and make sure to get a photo with the Champions Cup next to the leaderboard after a great round. Clubs will be provide upon request, and all golfers must preregister. Prizes awarded for the best dressed groups, and food specials available at Three One Six Bar + Grill. Call the Parks and Recreation office at 763-512-2345 to schedule your tee time.

Brookview Golf Course

Sat, June 16

Tee Times 10:30 am–noon

\$13 resident/\$15 non-resident

S5110A

Register by June 11

## T-Ball

Ages 4–6

This fun program is a great way to introduce youngsters to the game of baseball! We will focus on basic skill development, including hitting from a tee, throwing, catching, and base running. Each day will feature practice time and a game. Teams will be coached by our enthusiastic athletic staff. Parents are welcome to assist, too!

\$40 resident/\$43 non-resident

### SCHEID PARK

Tue, June 12–July 24 (no class July 3)

6:15–7:15 pm

S1103A

Register by June 4

### HAMPSHIRE PARK

Thur, June 14–July 26 (no class July 5)

6:15–7:15 pm

S1103C

Register by June 4

Sat, June 16–July 28 (no class July 7)

9:30–10:30 am

S1103B

Register by June 4

## T-Ball Mites

Ages 5–6

This fun program offers children an introductory baseball experience with a focus on basic skill development, teamwork, and sportsmanship.

Davis Community Center

Thur, April 26–May 31

(no class May 3, 24)

6:45–7:45 pm

\$29 resident

\$32 non-resident

S1099A

Register by April 20



## Skyhawks Beginning Golf Camp

Ages 5–8

Beginning golf will focus on getting young golfers off to the right start. Skyhawks uses SNAG (Starting New at Golf), and young golfers have success using larger, softer Snagballs that are safer, easier to hit, and work in any environment (grass, dirt, or pavement). All equipment is provided. Participants should bring a snack, water bottle, and sunscreen. Participants will receive a t-shirt and merit award.

Lions Park

Mon–Fri, June 18–22

9 am–noon

\$125 resident/\$130 non-resident

S1125A

Register by June 11

## Mites Fall Soccer

Grades K–1 (2018–19 school year)

This program offers a fun introductory soccer experience focusing on developing fundamentals, good sportsmanship, and team building. Teams will be assigned, and volunteer coaches will lead 30 minutes of skill development and 30 minutes of game play each day. Participants must provide shin guards and Golden Valley soccer jersey (purchase at the Recreation office). Min 24, max 64.

Lions Park

Sat, Sept 8–Oct 13

Games played at 9:30 & 10:30 am

\$40 resident

\$43 non-resident

\$14 shirt

S1127A

Register by Aug 28

## Youth Co-Rec Fall Soccer

Grades 2–5 (2018–19 school year)

This program offers boys and girls a fun and encouraging recreational soccer experience. It will focus on skill development, good sportsmanship, and enjoying the game of soccer. Teams will be assigned, and volunteer coaches will lead practices and games.

### PRACTICES

Begin the week of Aug 28 with day, time, and location determined by the volunteer coaches.

### GAMES

Sat, Sat, Sept 8–Oct 13 at varying locations in Golden Valley, Crystal, and Robbinsdale. Times vary between 9 am–3 pm.

Participants must provide their own shin guards and a Golden Valley soccer jersey, which you purchase at Brookview.

\$40 resident

\$43 non-resident

\$14 shirt

Register by Aug 17

### GRADES 2–3

Min 8/Max 12 per day

Mon Practice S1128A

Tue Practice S1128C

Thur Practice S1128D

### GRADES 4–5

Min 10/Max 14 per day

Tue Practice S1128E

Thur Practice S1128F



## Volunteer Soccer Coaches Needed

The soccer programs depend on volunteers to coach teams and lead activities. To show our appreciation for your time and commitment, refund of the registration fee (one per household) will be issued at the end of the season. Max of two refunds per team. To become a volunteer coach, state at time of registration or email [jstutzman@goldenvalleymn.gov](mailto:jstutzman@goldenvalleymn.gov).

## Skyhawks Basketball Camp

Ages 6–12

Designed for beginning to intermediate players, this camp focuses on teaching your child the skills needed both on and off the court to be a better athlete. Each day will start with a “skill of the day” and progress into drills and games. The week ends with a tournament, where kids will showcase their newly learned skills. Please bring two snacks and a water bottle. Participants will receive a T-shirt and merit award.

Davis Community Center

Mon–Fri, July 16–20

9 am–noon

\$125 resident/\$130 non-resident

S1126A

Register by July 9

## Skyhawks Lacrosse Camp

Ages 7–12

Athletes will learn the fundamental skills of a fast-paced game, including stick handling, cradling, passing, and shooting. No checking allowed. Participants should bring basic lacrosse gear, two snacks, sunscreen, and a water bottle. Participants receive a T-shirt and a merit award.

\*Limited lacrosse kits are available for rent at skyhawks.com. Kits include helmet, protective eye wear, lacrosse stick, and gloves.\*

Medley Park

Mon–Fri, July 30–Aug 3

1–4 pm

\$125 resident/\$130 non-resident

S1138A

Register by July 23



## Skyhawks Flag Football Camp

Ages 6–12

Learn key skills such as passing, catching, and de-flagging, as well as the rules and strategies of offense and defense. The week ends with the Skyhawks Sports Bowl, giving participants a chance to showcase their skills on the gridiron! Please bring two snacks, sunscreen, and a water bottle. Participants will receive a T-shirt and merit award.

Lions Park

Mon–Fri, Aug 20–24

9 am–noon

\$125 resident/\$130 non-resident

S1124A

Register by Aug 13

## Soccer Skills

Ages 7–12

Join us to hone your soccer skills and work on fundamentals throughout the summer. We will use a variety of activities, drills, and games to build basic skill development and teamwork, including ball control, passing, shooting, and defense.

Minnesota Arts School

Mon & Wed, June 11–Aug 1 (no class July 2, 4)

9:30–11:30 am

\$45 resident/\$48 non-resident

S1105A

Register by June 4

## Pitch By Coach Baseball

Ages 7–10

Introductory baseball opportunity with a practice/game format where coaches pitch to the batters. Participants will focus on learning rules, basic skill development, and correct mechanics of hitting, throwing, catching, and base running. Teams will be coached by our experienced athletic staff. Parents are welcome to assist, too!

Hampshire Park

Wed, June 13–July 25 (no class July 4)

6–7:15 pm

\$40 resident/\$43 non-resident

S1104A

Register by June 4



## Fishing Club

Ages 7–14

Grab your fishing poles and bikes as we check out some fishing hot spots around the Golden Valley area. Bait and transportation of fishing gear provided. Participants must provide fishing pole, tackle, bike, and helmet. All fishing is catch and release.

Meet at Davis Community Center

Wed, June 14–Aug 1 (no class July 4)

1–4 pm

\$29 resident/\$32 non-resident

S1212A

Register by June 4



## Flag Football Squad

Ages 8–12

Down, set, hike! Join us to play flag football this summer to work on skills and teamwork. Each day will feature a variety of activities, drills, and games, lead and officiated by our knowledgeable athletic staff. All equipment is provided.

Hampshire Park  
Tue & Thur, June 12–Aug 2  
(no class July 3, 5)  
9:30–11:30 am

\$45 resident/\$48 non-resident  
S1106A  
Register by June 5

## Bike Rangers

Ages 9–15

Love to ride your bike and looking for some adventures this summer? We will ride bikes and discover some of Minnesota's best kept secrets as we explore the west metro with round trip rides of 15-20 miles. Participants MUST ALWAYS ride with their leaders, wear appropriate clothing and shoes, and provide a properly working bike, helmet, water, and snack.

Meet at Davis Community Center  
Tue & Thur, June 12–Aug 2  
(no class July 3, 5)  
12:30–4 pm

\$45 resident/\$52 non-resident  
S1122A  
Register by June 4

## Tween Sports Sampler

Ages 10–15

Participants will be introduced to several games and activities with one played each week throughout the summer. Games will include baggo, kickball, pickleball, slacklining, spikeball, and ultimate frisbee. All equipment provided.

Medley Park  
Mon & Wed, June 11–July 25  
(no class July 2, 4)  
1–3 pm

\$35 resident/\$38 non-resident  
S1146A  
Register by June 4

## Youth Athletic Associations

### Golden Valley Little League Baseball

Boys & Girls age 5–12  
Pat Dale, 612-423-9345  
GVLittleLeagueInfo@gmail.com  
www.goldenvalleylittleleague.org

### Golden Valley Girls Slowpitch Softball

Girls grade 3–12  
Jeffrey Prottas  
jeffrey.prottas@np360.org  
www.gvgs.org

### Cooper/Armstrong Girls Fastpitch Softball

Girls age 7–18  
www.caheatfastpitch.org

### Armstrong Cooper Youth Baseball

Boys age 12–19  
Brian Nelson, 612-720-9642  
brian.nelsongv@gmail.com  
www.acybaseball.com

### Armstrong Cooper Youth Hockey

Boys & Girls age 4+  
Kim Nau, 612-802-3443  
www.acyha.org

### Park Valley United FC Soccer Club

Boys & Girls age 5–18  
612-405-2425  
www.parkvalleyunitedfc.org



**REGISTER!**  
**Tue, June 5**  
**6:30–7:30 pm**  
**Davis Community**  
**Center.**

Cheer America is a non-profit corporation that offers cheerleading and dance programs to youth. Students will learn popular junior high and high school cheers, chants, choreographed pom/dance routines, parade marching techniques, and other performance skills required for cheerleading tryouts. The program promotes physical fitness, personal esteem, working as a team, and respect for authority. Students also participate in clinics, competitions, special performances, and parades throughout the state. At the end of the program, students will perform a group recital. Students receive a certificate and medal.

**Ages 4–16**  
**Davis Community Center**  
**Tue, June 19–Aug 28**

**Ages 4–8: 6–6:45 pm**  
**Ages 9–16: 7–7:45 pm**  
**\$5 enroll fee, plus \$7/night at door**

# Group Ticket Events

Save money and avoid service fees by purchasing tickets through Parks and Recreation! Tickets must be picked up at Brookview upon notification they are available. NOTE: You supply your own transportation. A minimum of 25 tickets must be sold by our cooperative group.



## Minnesota Twins Game At Target Field

Celebrate an early Father's Day watching baseball! Cheer on your Minnesota Twins as they take on the Anaheim Angels. Enjoy the breathtaking views, delicious food, and dazzling amenities of Target Field, the world-class home of Twins Territory. Children over 30 inches tall need a ticket.

Target Field      \$20/ticket (Field View seats)  
Sun, June 10      S4103A  
1:10 pm      Register by May 18

## Minnesota United FC Game At TCF Bank Stadium

Come watch the world's most popular sport of soccer as the Minnesota United FC take on Real Salt Lake. Join thousands of other soccer fans as we watch the United in their second professional season at TCF Bank Stadium. Ages 3 and older need a ticket.

TCF Bank Stadium      \$23/ticket (section 115)  
Sat, July 14      S4105A  
7 pm      Register by June 25



## ADAPTIVE RECREATION

The adaptive recreation program is a cooperative effort of REACH for Resources and the Cities of Brooklyn Center, Brooklyn Park, Golden Valley, Plymouth, Maple Grove, Chanhassen, Chaska, and St Louis Park. REACH is an agency that serves individuals with developmental disabilities and their families in Western Hennepin County and Eastern Carver County. Services include adaptive recreation, independent living support, case management, and counseling.

952-200-3030 • [www.reachforresources.org](http://www.reachforresources.org)



### ALL AGES (5+)

- Yoga
- Tae Kwon Do
- Bowling

### TEEN (13-21)

- Teen Explorers
- Social Seekers
- Zumba

### ADULT

- Wednesday Night Social
- Empowerment Group
- On The Town

**AND  
MUCH  
MORE!**

### INCLUSION SUPPORT IS ALSO AVAILABLE

REACH For Resources provides inclusion facilitators for children and adults with disabilities who would like to participate in their City parks and recreation programs. Registration for these programs is done through your Parks and Recreation Department. After registering, contact REACH to discuss the needs/accommodations for yourself or your child. We request a minimum of two weeks notice for a successful inclusion.



## Aquatic Park

3700 Monterey Dr, St Louis Park, MN 55416  
952-924-2540 | [www.stlouispark.org](http://www.stlouispark.org)

The Aquatic Park is the hottest place to stay cool this summer! Wade into the pool from our zero depth entry or splash into the water from the four-story water slides. Our summertime fun facility features a sand-and-water play area, tot whale slide, spray arches, water geysers, drop slides, aqua obstacle course, lap swim lanes, diving boards, and sun decks. We also offer a picnic area, full-service concession stand, and locker rooms.

### DAYS & HOURS OF OPERATION

#### June 2–July 31

Mon–Fri 11 am–8 pm  
Sat–Sun 11 am–7 pm

#### Aug 1–26

Mon–Sun 11 am–7 pm

### DAILY ADMISSION RATES

Under Age 1 Free  
Ages 1–54 \$9.50  
Ages 55+ \$5.50  
Twilight (after 4:30 pm) \$5.50

### SEASON PASSES

\*Golden Valley residents receive resident rate.

Resident	Before June 2	After June 2
Under 1 year	Free	Free
Ages 1–54	\$55	\$60
Ages 55+	\$40	\$45
Caretaker/Nanny	\$55	\$60
Twilight (after 4:30 pm)	\$40	\$45

### Non-Resident

Under 1 year	Free	Free
Ages 1–54	\$65	\$70
Ages 55+	\$50	\$55
Caretaker/Nanny	\$65	\$70
Twilight (after 4:30 pm)	\$50	\$55



Did You  
Know...?

Thanks to reciprocal agreements, resident rates on season passes (lessons, too at Crystal Cove) to local aquatic parks are extended to all residents of Golden Valley, Hopkins, and Minnetonka!



Golden Valley  
residents now enjoy  
the resident rates!

POOL OPEN:  
JUNE 9–AUG 19, 2018

4848 Douglas Dr N  
Crystal, MN 55426  
763-531-1170



# < < < Nature Programs > > >

These nature programs are offered in cooperation with the City of Golden Valley and Three Rivers Park District, who have partnered together to bring environmental education, outdoor recreation programs, and the opportunity to experience wilderness in the city.



## Three Rivers Youth Explorer Camps

Ages 7–14

Youth Explorer Camps provide outdoor, nature-focused experiences for school-aged children and offer summer fun while learning about birds, biking, bugs, archery, games, trees, water, animal signs, and invasive species. Also included in the program is an off-site adventure, details to be announced on the first day of the program. All equipment provided and additional waivers will be needed to participate. **Please bring a bag lunch, water bottle, sunscreen, and bug spray each day.**

### AGES 7-10

9 am–4 pm

\$120 resident/\$125 non-resident

Sochacki Park (3500 June Ave N, Robbinsdale)

Mon–Thur, June 11–14

S1234A

Register by June 4

Bassett Creek Park (6001 32nd Ave N, Crystal)

Mon–Thur, Aug 6–9

S1234B

Register by July 30

Northwood Park (3815 Boone Ave N, New Hope)

Mon–Thur, Aug 27–30

S1234C

Register by Aug 20

### AGES 10-14

9 am–4 pm

\$120 resident/\$125 non-resident

Sochacki Park (3500 June Ave N, Robbinsdale)

Mon–Thur, July 23–26

S1234D

Register by July 16



## Walk When The Moon Is Full

Ages 6+ with an adult

Adapt your senses and explore the natural world at night. Dress for the weather and walking on uneven, woodchip trails. Three Rivers Park District staff will guide the walk. Program is free but you must register to participate.

Sochacki Park

(3500 June Ave N, Robbinsdale)

Sun, April 29

8–9:30 pm

Free, registration required

S1244A

Register by April 27



## Canoeing

Ages 8–14

Join us as we canoe around Medicine Lake while learning proper stroke techniques, water safety, and boat control along with getting in and out of a canoe. Be prepared to be outside and possibly get wet; dress for the weather. Instructional staff is provided by Three Rivers Park District. Additional waivers will be needed to participate.

French Regional Park

(12605 Rockford Rd, Plymouth)

Fri, June 22

9:30–11:00 am

\$20 resident/\$22 non-resident

S1260A

Register by June 7



## Paddle Boarding And Slacklining

Ages 8–14

Have fun testing your balance skills with these two activities. Stand Up Paddleboarding (SUP) is a cross between surfing and paddling. Slacklining will have you walking on a narrow, flexible piece of webbing set low to the ground. Be prepared to be outside and possibly get wet; dress for the weather.

**Fish Lake Regional Park Pavilion**  
(14900 Bass Lake Rd, Maple Grove)

**Fri, Aug 17**

**9–11 am**

**\$22 resident/\$24 non-resident**  
**S1245A**

**Register by Aug 1**

## Birding Hike

Ages 17+

Take a hike and learn to locate and identify some of spring's newest arrivals, and discover tips and tricks from a naturalist while exploring the park for birds. All equipment provided.

**Sochacki Park**

(3500 June Ave N, Robbinsdale)

**Thur, May 24**

**10 am–noon**

**Free, but registration required**  
**S1237A**

**Register by May 21**

## Three Rivers Adult Explorer Series

Ages 18+

This Adult Explorer Series with Three Rivers Park District provides outdoor, nature-focused experiences for adults. Camps are affordable, accessible, and great fun. Join us for one or all!

### BIRDING AND HIKING

Go on a bike ride on a Regional Trail, stopping along the way to learn about bird identification. Bikes and helmets provided.

**Brooklyn Center Community Center**  
(6301 Shingle Creek Pkwy)

**Wed, June 20**

**6–8 pm**

**\$15**  
**S2302B**

### ARCHERY

Learn the basics of archery and elements of safety. Shoot at stationary targets and compete in games. Equipment provided.

**School of Engineering and Arts**  
(1751 Kelly Dr, Golden Valley)

**Wed, July 18**

**\$15**

**6–8 pm**

**S2302C**

### MISSISSIPPI RIVER RAFTING

Explore the Mississippi River like you never have before. Discover Minnesota geology while rock picking along the shore. Watch ospreys, herons, and eagles soar while paddling downstream in an inflatable raft.

**West Coon Rapids Dam Regional Park Visitor Center**  
(10360 West River Rd, Brooklyn Park)

**Fri, Aug 10**

**\$30**

**9 am–noon**

**S2302A**



## Summer at Sochacki Park Expo

Park guests can test their archery skills, balance on a slack line, climb the "wall," or use a GPS unit to geocache. Meet live animals from Three Rivers' nature centers and Gale Woods Farm. Take a walk on the wild side with a naturalist. Discover the ideas for the future of Sochacki Park, and share your recommendations for programs and natural resource improvements at the park.

**Sochacki Park (3500 June Ave N, Robbinsdale)**  
**Sat & Sun, July 28–29 • 1–5 pm**  
**Free and open to all ages!**



## Tai Chi Classes With Marie Mathay

For centuries, the Chinese have recognized the beneficial effects of Tai Chi to improve health, balance, and flexibility. Join Certified Instructor Marie Mathay in this gentle, slow-moving series of ancient Tai Chi exercises designed to enhance physical and mental well-being. Wear loose, comfortable clothing and flat shoes.

### TAI CHI FOR HEALTH & ARTHRITIS – BASIC

This program, based on Sun style Tai Chi and endorsed by the Arthritis Foundation worldwide, is a series of gentle yet powerful movements that promote physical and mental well-being. Improve your balance, strength, and flexibility. Also great for joint pain relief and stress reduction. All ages and abilities welcome.

Brookview Wirth Lake Room  
\$56 resident/\$59 non-resident

Tue, April 17–May 29  
8:30–9:30 am  
S2207A

Tue, June 19–Aug 7 (no class July 3)  
8:30–9:30 am  
S2207B

### SHIBASHI QIGONG

Cultivate more energy and promote better health by practicing these 36 ancient Chinese exercises that coordinate moving with breathing and inner concentration. Meant for healing and enhancing health, these gentle follow-the-leader movements do not require memorizing choreography, yet still promote and strengthen the flow of chi, or energy, throughout the body. No experience necessary. All ages and abilities welcome. *\*Qualifies for reduced rate pricing if registering as a second class in this session.*

Brookview Wirth Lake Room  
Thur, April 19–May 31  
10:15–11:15 am  
\$56 resident/\$59 non-resident  
S2210A



## Tai Chi Special!

Register for a second class in the same session and pay only \$37 for your second class. Classes must be purchased together.

### TAI CHI FOR HEALTH & ARTHRITIS 2 – MOVING ON

For students who have completed at least one Basic session, we continue our Tai Chi journey, learning and practicing the entire Sun Style 41 form.

Brookview Wirth Lake Room  
\$56 resident/\$59 non-resident

Tue, April 17–May 29  
9:45–10:45 am  
S2208A

Tue, June 19–Aug 7 (no class July 3)  
9:45–10:45 am  
S2208B

### YANG STYLE TAI CHI PRACTICE GROUP

One of the oldest and most popular styles of Tai Chi practiced today, Yang style dates from the 1800s and has many variations. Join Marie in learning Chen Man Ching's 37 forms and deepening your practice. *\*Qualifies for reduced rate pricing if registering as a second class in this session.*

Brookview Wirth Lake Room  
Thur, April 19–May 31  
9–10 am  
\$56 resident/\$59 non-resident  
S2209A

### SHIBASHI QIGONG AT BROOKVIEW PARK

Join us in Brookview Park on Thursday mornings to practice this subtle yet powerful moving meditation outdoors as originally intended! Enhance your energy and focus in a beautiful, peaceful setting. No experience necessary. All ages and abilities welcome. Bring a water bottle. *\*Qualifies for reduced rate pricing if registering as a second class in this session.*

Brookview Park  
Thur, June 21–Aug 9 (no class July 5)  
9–10 am  
\$56 resident/\$59 non-resident  
S2213A



### Mixed Level Belly Dancing

Class teaches to mix and layer body movements with dance steps, introduces advanced dance movements, and continues to work on core muscle strengthening, coordination, and overall body improvement and dance refinement! Class taught by Tatyana Butkova.

Brookview Wirth Lake Room  
Mon, March 12–April 30  
7–8:30 pm  
\$96 resident/\$101 non-resident  
S2403A

### Pilates-Inspired Workout With Annette

When was the last time you found yourself with an amazing set of abs? Challenge your powerhouse with the body-slimming, core-shaping exercises that have made Pilates the most popular method to tone and sculpt long, lean muscles. This easy, energizing routine promises to improve flexibility, balance, and posture, and maximize your mental and physical health. Exercises are appropriate for all fitness levels. Annette's classes are always easy to follow, non-intimidating, and fun. Many elements of yoga are included. Please bring an exercise mat. Annette is host of award-winning TV show (Channel 20 or Channel 859) *Yoga on the Go*.

Brookview Wirth Lake Room  
Mon, March 26–May 21  
6–7 pm  
\$72 resident/\$75 non-resident  
S2202A

### Daytime Yoga With Annette

Yoga can help reverse the aging process by improving flexibility, massaging the inner organs, strengthening the muscles, and improving balance, posture, circulation, and digestion. Exercises are appropriate for all fitness levels. Annette's classes are always easy to follow, non-intimidating, and fun. Please bring an exercise mat. Annette is the host of award-winning TV show (Channel 20 or Channel 859) *Yoga on the Go*.

Brookview Wirth Lake Room  
Tue, March 27–May 22  
11 am–noon  
\$72 resident/\$75 non-resident  
S2201A

### Line Dancing For Fun And Fitness

Start your morning off with a smile. Discover why line dancing is so much fun and such a great workout. Line dancing is recommended as a moderate-intensity aerobic exercise to improve balance and strengthen heart and bones. Learn the steps that will make you feel confident joining any dance line, whether country, Latin, or American. Instructor Annette Fragale is certified as an instructor and dance judge by the National Teacher's Association (NTA) and Country Western Line Dance Association (CWLDA). She has taught and judged throughout the US and Canada for 28 years.

Brookview Wirth Lake Room  
Wed, June 20–July 18 (no class July 4)  
10–11 am  
\$32 resident/\$35 non-resident  
S2404A



## Yoga Flow With Laura

This non-competitive flow style yoga focuses on your personal experience. Classes combines yoga postures, targeted core work, and breath/body awareness. All classes end with an optional guided relaxation that takes each practice to a deeper level. Appropriate for beginners to yoga as well as those who already practice. Benefits include increased strength, flexibility, body awareness, and mental clarity. Wear comfortable clothes and bring a yoga mat. Blanket and small pillow are optional for relaxation. Instructed by Laura Lazowski.

Brookview Wirth Lake Room

5:30–6:45 pm

Tue, April 10–May 29

\$88 resident/\$93 non-resident  
S2206A

Thur, April 12–May 31

\$88 resident/\$93 non-resident  
S2206B

Tue, June 5–July 17

(no class July 3)

\$66 resident/\$70 non-resident  
S2206C

Thur, July 24–Aug 28

\$66 resident/\$70 non-resident  
S2206D



## Ballroom Dancing For Beginners

If you wish you knew how to dance so you could get on the floor with confidence, then this is the perfect course for you!

Learn to dance real steps in sync with your partner, to fun and familiar music heard at wedding dances and most social events.

Couples dance with their own partner, and singles rotate with one another. Teens and adults of all ages welcome! Free make-up lessons if you need to miss class for any reason.

For more information, visit [www.constantinedance.com](http://www.constantinedance.com), or call Instructor Deanna Constantine at 612-240-8329.

The Constantine family has been offering quality dance instruction in the Twin Cities for more than 50 years! Deanna offers simple instruction where everyone will have fun and be successful learning to dance!

Brookview With Lake Room

Sun, April 15–May 6

4–5:30 pm

\$55/person resident

\$59/person non-resident

S2405A

## OPEN GYMS @ DAVIS COMMUNITY CENTER

All levels welcome. Schedule is subject to change due to low attendance.

\$30/10-time punch pass or \$4/daily drop-in

### MARCH 4–MAY 27, 2018

Sun	Family Open Gym	1–3 pm
Sun	Pickleball Drop-In	3–5 pm
(closed May 27)		
Tue	Volleyball 18+	8–10 pm
(closed March 6, 13, April 24, May 8)		
Thur	Volleyball 18+	8–10 pm
(closed April 5, May 3, May 24)		
Fri	Youth Open Soccer	6–8 pm
(closed May 4)		
Sat	Open Basketball For All Ages	8–10 am

### MAY 28–SEPT 1, 2018

(Closed Sundays and June 11–17)

Tue	Volleyball 18+	8–10 pm
Thur	Youth Open Gym	6–8 pm
Thur	Adult Open Gym	8–10 pm
(1 court basketball, 1 court volleyball)		
Sat	Open Basketball For All Ages	8–10 am
Sat	Family Open Gym	10 am–noon

NOTE: Davis Community Center parking lot will not be available this summer due to construction. Please park in the east parking lot and enter through door K to access the gyms.

Check the City website at [www.goldenvalleymn.gov](http://www.goldenvalleymn.gov) for updates.

# Adult Athletic Leagues

Parks and Recreation offers a variety of adult leagues and programs throughout the year. General information for upcoming seasons are listed below. For detailed registration information, visit the City website at: [www.goldenvalleymn.gov/recreation/adults/leagues.php](http://www.goldenvalleymn.gov/recreation/adults/leagues.php).

## Men's Softball Leagues

The 2018 softball season offers a variety of USSSA men's leagues for both summer and fall. Summer season features 11 weeks of doubleheaders followed by league playoffs. Fall season features six weeks of doubleheaders. All games are played at Schaper Park.

### LEAGUE FEES

Summer \$820/team  
Fall \$435/team

To help teams find the appropriate Golden Valley softball league for the upcoming season, the Parks and Recreation Department classifies leagues with Gold, Silver, and Bronze designations. All teams will continue to be sanctioned with USSSA at C, D, and E levels.

#### Gold

Intended for teams seeking Golden Valley's most competitive softball experience and who occasionally participate in tournaments.

#### Silver

Intended for recreational teams who desire a moderately competitive softball experience.

#### Bronze

A fun and recreational experience with a low level of competition.

### IMPORTANT DATES

**Feb 24:** Summer registration opens  
**April 30:** Summer season begins  
**June 29:** Fall returning team registration opens  
**July 16:** Fall resident team registration opens  
**July 19:** Fall registration opens  
**Aug 21:** Fall season begins

### SUMMER LEAGUES AVAILABLE

**Mon:** Silver Doubleheader  
**Tue:** Bronze Doubleheader  
**Wed:** Silver Doubleheader  
**Thur:** Gold Doubleheader

### FALL LEAGUES AVAILABLE

**Tue:** Bronze Doubleheader  
**Wed:** Silver Doubleheader  
**Thur:** Gold Doubleheader



## Fall Co-Rec Kickball League

Grab your friends and join us for a blast from your gym class past with the all new summer kickball league! Co-Rec teams will play a six-week season at Schaper Park. Games times at 6:15, 7:15, 8:15, 9:15 pm.

Schaper Park  
Mon, Aug 20–Oct 1  
\$150/team



## Adult Co-Rec Sand Volleyball League

Enjoy a beautiful night in the park with sand under your toes in our recreational co-rec six-on-six volleyball league. All games are played at Brookview Park at 6:15 and 7:15 pm.

### SUMMER SEASON

**Bronze League:** Tue, May 15–July 24  
**Silver League:** Thur, May 17–July 26  
\$250/team

### FALL SEASON

**Bronze League:** Tue, Aug 14–Sept 11  
**Silver League:** Thur, Aug 16–Sept 13  
\$140/team



# 55+ Newsletter Subscription



Don't miss out on all the great 55+ happenings at Brookview. Subscribe to our bi-monthly newsletter to stay in-the-know! Subscriptions run January–December and cost \$5 for residents of Golden Valley and \$8 for non-residents. That's six newsletters mailed right to your door! Subscriptions need to be renewed each year in December by mail, online, or walk-in at Brookview. **ADDED BONUS: The ever-popular, mini sticky calendars are back! Subscribe today to receive yours.**

## Mondays With Mary

Join Mary to make door decorations, greeting cards, placemats, party favors, and more. We work on projects for Ambassador Care Center, Dinner At Your Door, Senior Dining, Golden Valley Seniors, and Mary Wanderers. We'll supply the materials and coffee. You bring your time, talent, and occasionally, a treat.

Brookview Valley Room  
Mondays (no meeting May 28)  
9:30–11:30 am



## Helping You Through The Medicare Maze

Going to retire and need your Medicare questions answered? Wondering about your choices with supplemental coverage? Have questions about Part D? Worried about the details in filing a claim or appeal? Do you need help through the Medicare maze? Marsha will meet with you one-on-one to answer your Medicare Insurance questions, assist you with insurance forms, or guide you through supplemental or Part D insurance. She would love to work with you. Appointments are required at least three days in advance. Call 763-512-2366.

Brookview Rice Lake Conference Room  
Thur, March 8, April 12  
Appointment times are 10 am, 11 am, noon

## Pedal Pushers Daytime Biking Group

This longtime group bikes to and from various areas in the Twin Cities and usually stops for treats along the way. Rides vary from 6–12 miles. Get some exercise, meet some fantastic people, and bike some trails you never knew existed. Rides are on Tuesdays or Thursdays from May–October, twice a month. New this year, we require a \$5 registration fee to ride and to be put on the mailing list for ride information.

Rides begin at 9 or 9:30 am  
\$5/person  
S2215A

## Pedal Pushers Kick-off Event

Join Nancy, our Pedal Pushers leader, as we present our 2018 Pedal Pusher season. Nancy will share stories of her and Keith's latest adventures, AND we will present the 2018 ride schedule. Event is free, but you must register by calling the Park and Recreation office at 763-512-234 by May 21.

Brookview Valley North  
Tue, May 22  
10 am



## Weekly Card & Game Groups

These 55+ adult card and game groups will resume the week of Dec 4 in the new Brookview! New players are always welcome. Please arrive at least 10 minutes before the scheduled start time to get set up. All groups meet at Brookview in the Valley Room. No pre-registration required. We look forward to seeing you there!



DAY	GROUP	TIME
<b>Monday</b>	Dominoes	1 pm
<b>Tuesday</b>	Cribbage	1 pm
<b>Wednesday</b>	500	1 pm
<b>Thursday</b>	Euchre	1 pm
	Poker	1 pm
<b>Friday</b>	Bridge	9 am

## Defensive Driving

Adults age 55+ can save up to 10 percent, get a three-year discount on car insurance premiums, and become better drivers by taking a state-approved National Safety Council Defensive Driving course. These classes are taught by professional certified instructors and offered by the Minnesota Safety Council. No tests are given, but attendance is required to receive the certificate of completion.

### Registration & Certificate of Completion

To guarantee a certificate at class completion, register at least seven days in advance with the Minnesota Safety Council. Make checks payable to "Minnesota Safety Council" and mail to 474 Concordia Ave, St Paul, MN, 55103. Call 651-291-9150 to register with credit card.

### 8-HOUR FIRST-TIMERS COURSE

Brookview Valley Room North

Sat, March 3 & 10 (must attend both days)

9 am–1 pm

\$19/person

### 4-HOUR REFRESHER COURSES

Brookview Valley Room North

Thur, April 12, May 10, June 14, July 12, Aug 9

9 am–1 pm

\$18/person

## Driver Improvement Programs

This is a Minnesota Highway Safety and Research Center (MHSRC) Driving Improvement Program for those over age 55. Clases are taught by a certified instructor from the Minnesota Highway Safety Center. Minnesota State Law allows a 10 percent reduction in auto insurance premiums for three years upon completion of the course.

To register, visit the Minnesota Safety Center website at [www.mnsafetycenter.org](http://www.mnsafetycenter.org) or call toll free at 1-888-234-1294. Fees collected day of class.

### 8-HOUR FIRST-TIMERS COURSE

Brookview Valley Room North

Tue & Wed, March 27 & 28

(must attend both days)

5:30–9:30 pm

\$26/person

### 4-HOUR REFRESHER COURSES

Brookview Valley Room North

Wed, March 7, April 25

5:30–9:30 pm

\$22/person

## Money Matters **FREE**

Finances, investments, and things related to money are shared. Join us as we hear speakers from organizations working with finances, investments, and government present information important for today and tomorrow. No pre-registration required.

Brookview Valley Room North

10–11:15 am

### THUR, APRIL 19

#### Are You Getting All You Can Out Of Social Security?

Maximize your Social Security benefits for retirement in our Social Security strategy class. There are strategies that can add thousands of dollars to some couples' retirement income. During this workshop, you learn Social Security strategies that could increase your overall benefit amount. Presented by Joshua Legband.

### THUR, MAY 17

#### Home Care Options

Explore different options to aging in place and staying in your home as long as possible. Presented by Beth Guntzel of Services At Home with The Good Samaritan Society.

### THUR, JUNE 21

#### What To Do When Someone Dies

Do you know the important tasks that must be taken care of if someone dies? Estate Planning and Elder Law Attorney, Elizabeth Michaelis, will discuss the practical considerations in handling someone's affairs, as well as the main tasks for settling the estate. This presentation explains the role of the Trustee, Personal Representative (Executor), the family members and others, in an orderly estate administration.

### THUR, JULY 19

#### Housing Update

This presentation will take you step-by-step on how to sell your house and coordinate your move. The speaker will also cover what you need to do to get your home sold and how to keep yourself out of trouble after the sale. A brief discussion of housing options will also be examined. Presenter, Chris Gemlo, has over 20 years experience in the real estate industry. Questions on the home selling process and details of the current market conditions will be discussed.

### THUR, AUG 16

#### Wills, Trusts, and Other Estate Planning Tools

What is the difference between a Will and a Trust? Which tools are right for you given your goals and intentions for your estate? This class will review the key planning tools available to you, including Wills, Trusts, Powers of Attorney and Health Care Directives. Information will also be provided on probate avoidance and recent shifts in the laws that may impact your planning options and strategies.

## Coffee Talk

Join us for juice, treats, informative programs, and of course, coffee! Call the Park and Recreation office to register in advance so there are treats and coffee for all.

**Brookview Valley Room North** 9:45–11 am  
\$2 payable at the door

### WED, MARCH 28 Caring For The Caregiver

Learn why identifying as a caregiver is important. This presentation will help you find the resources available for caregivers and those they care for. The importance of self-care will also be highlighted. *Register by March 27.*

### WED, APRIL 25 The Vietnam Experience

A US military combat veteran, a native Vietnamese official, a journalist, and an anti-war protest activist will discuss their different and shared perspectives on the Vietnam War. The program is sponsored by Beyond The Yellow Ribbon Quad Communities (BTYR) and will be moderated by BTYR President Marshall Tanick, of Golden Valley. *Register by April 24.*

### WED, MAY 23 Road Scholars

Are you a lifelong learner? Discover 5,500 new ways to learn and travel with Road Scholar. Road Scholar (Roadscholar.org) is the leading not-for-profit organization that provides educational learning adventures for adults and families. Road Scholar programs will help you explore the best of the US and the world, whether you love to hike, study art, try new cuisine, or discover other cultures. Learn more about the Road Scholar learning adventures for you, your friends, and family! Come and hear from Jenny Peterson, Road Scholar Ambassador and current RS leader, about fantastic learning and travel opportunities for you and your families, including our very popular grandparent/grandchildren programs. *Register by May 22.*

### WED, JUNE 27 Environmentally Friendly Yard

Tom Hoffman, water resources specialist for the City of Golden Valley, will present information on how to make your yard more environmentally friendly. Topics will include drought tolerant species, pollinator habitat, diversifying your yard, and alternatives to fertilizer. What happens on your property is key to what happens to downstream water bodies. This thrilling presentation will give you steps to be a better steward of the land while still maintaining an aesthetic property. *Register by June 26.*

### WED, JULY 25 Golden Valley Orchestra

For 30+ years, the Golden Valley Orchestra has devoted its energy to advocating for the arts by bringing music to the community. Meet members of the orchestra, enjoy some music, and learn about this group of talented musicians. *Register by July 24.*

### WED, AUG 22 Golden Valley's Suburban Evolution

Jason Zimmer, planning manager for the City of Golden Valley, will share what is in our Comprehensive Plan update and how Golden Valley is evolving to keep pace with changes in the Twin Cities area. He will touch on some of the more tangible goals and actions of the plan, including our new bike/pedestrian plan and various efforts to spur redevelopment in key locations. *Register by Aug 21.*

## Living Wise And Well **FREE**

It's a fact—people are living longer and healthier! Join us for this free program that offers monthly information for a happy, healthier, and smarter you. Refreshments provided by Calvary Center Cooperative. No pre-registration required.

**Calvary Center Cooperative Prairie Room**  
2–3:15 pm

### THUR, MARCH 1

#### Foot Care

Dr Tom Silver, a foot specialist from the Westwood Foot Clinic in Golden Valley Town Square, will give a practical presentation focusing on basic foot care for seniors, along with prevention and treatment of foot problems. There will also be a question and answer period followed by a one-on-one evaluation of any foot problems you may have.

### THUR, APRIL 5

#### History of Tonka Toys

Do you remember the days when you played with your Tonka Toys, which were made in Minnesota? Presenter Duane Farr will share his personal history, knowledge, and talk about his collection of Tonka Toys. Bring your own Tonka Toy and share your story. Questions encouraged.

### NO MAY MEETING

### THUR, JUNE 7

#### Protect Yourself From Fraud

A member of the Golden Valley Police Department will share ways to protect yourself from being scammed and protecting your personal and financial information. There will also be a question and answer period at the end of the presentation.

### NO JULY MEETING

### THUR, AUG 2

#### Parkinson's Disease

Approximately one million Americans are currently living with Parkinson's disease, with 50,000 new patients diagnosed each year. This presentation will provide an overview of Parkinson's disease symptoms and current treatment, with time for questions and answers. The speaker will be from Struthers Parkinson's Center, located in Golden Valley, and recognized nationally as a Parkinson Foundation Center of Excellence.



## Senior Lawn Bowling Clinic

Lawn bowling is one of the easiest sports to learn to play. You will find that bowls increases your eye-hand coordination, strengthens your legs, back, and arms, and helps with your focus and concentration. It is an excellent sport for all ages, teaching coordination and mental focus. The sportsmanship and camaraderie is a plus as well. This clinic, taught by an official at the Brookview rinks, will cover the rules of the game, vocabulary unique to bowls, the proper way to hold and deliver your bowls, and the etiquette that governs behavior on the greens. All you will need that day is flat-soled shoes so you don't damage the surface of the green. You do NOT have to buy special shoes that are just for lawn bowling. Sunscreen and a sun visor or hat are absolute musts when bowling in the sun. At the clinic you can sign up for a league to be played at Brookview starting the following week.

### Brookview Lawn Bowling Rinks

Wed, Aug 1  
10–11:30 am  
\$3/person  
S2101A

## Senior Lawn Bowling League

Take part in the fourth summer season of lawn bowling and join a league. Game equipment is provided and an official is present during league play. No special clothing is required; however, teams with all members competing in white top and white or khaki bottoms receive one point before match play begins. No heeled shoes—flat-bottom shoes only on the court. Register individually or as a team of four to eight players. Minimum of four teams/maximum of 16. Weekly fee includes six weeks of league play, game equipment, prizes, and official.

### Brookview Lawn Bowling Rinks

Wed, Aug 8–Sept 26  
10–11 am  
\$5 league fee, plus \$3/week  
S3302A  
Register/cancel by Aug 7



## Senior Golf Leagues

Call Brookview Golf Course at 763-512-2305 for more information on these and other league offerings.

### SENIOR PAR 3 LEAGUE

Men and women age 55 and older are invited to play at the Brookview Par 3 Course on Thursday mornings, May 3–Sept 13. Tee times start at 7:30 am with weekly sign-up. A \$5 league fee is collected at the kick-off meeting April 19 at 10 am in the Brookview Valley Room. For information on green and cart fees, see the golf section of this catalog.



### SENIOR PATRON 18-HOLE REGULATION LEAGUE

This senior golf league will play the 18-hole course at Brookview Tuesdays, May 1–Aug 28. A \$20 league registration is due before your first week of play. NOTE: You must be a valid Brookview Senior Patron card holder to register and play. For information on green and cart fees, see the golf section of this catalog. Call 763-512-2305 for more information.

## Pickleball

Pickleball is a game played on a badminton or tennis court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. This is not a league. Come when you can...just drop in. Find outdoor pickleball court locations in Golden Valley on page 49.

### INDOOR PICKLEBALL

Equipment available on a limited basis. Gym shoes required.

Davis Community Center  
Sundays thru May 20  
3–5 pm  
\$4/at door, or  
\$30/10-time punch pass

Crystal Community Center  
Mondays & Thursdays  
9 am–1 pm  
\$2/at door

### OUTDOOR PICKLEBALL

Due to construction, Open Pickleball can be played at Hidden Valley Park in New Hope, 8800 32nd Ave N.

Hidden Valley Park, New Hope  
Mon, Wed, Fri, 8–10 am  
Thur, 7–9 pm

# Mary Wanderer's Trip Program

Comfortable motor coaches, good food, knowledgeable tour guides, and Mary as our escort—our trips are planned with you in mind! Trip registrations are taken on a first-come, space-available basis by mail, online, or in person at Brookview. Use the trip code and select meal choice (if offered) when registering. Pick-ups are available at Golden Valley City Hall or Calvary Center Cooperative (if five or more requests).

## Frank Sinatra At Sidekick Theatre

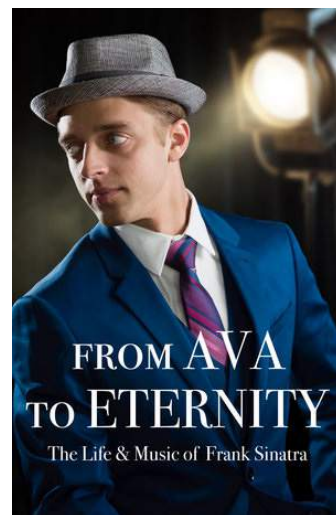
Enjoy lunch at the elegant jewel-box Gideon S. Ives Auditorium on the 80-acre Heritage Center campus along the Minnesota River in Bloomington. The \$20 million concert hall opened in 2016 with sophisticated state-of-the-art technology. After lunch, move into the carefully crafted 443-seat theater space for a matinee performance of *From Ava to Eternity—The Life and Music of Frank Sinatra*, created and performed by Brian Pekol. Before he was "Chairman of the Board," he was simply Francis Albert Sinatra, a man whose humble beginnings in Hoboken, New Jersey led to his becoming the best-known entertainer of the 20th Century. With timeless songs sure to evoke memories from decades past, this musical experience is a tribute to the complex psyche and unforgettable voice of Frank Sinatra.

**Lunch Menu:** Chicken breast with cream sauce, parsley potatoes, a vegetable du jour, dinner rolls, dessert (chef's choice), coffee, decaffeinated coffee, and hot tea.

Wed, May 16  
\$67

10:30 am pick-up  
4 pm approximate return

Register/cancel by April 16  
Y3247A



## Guys And Dolls At Old Log Theater

Lunch at Old Log Theater, then enjoy a performance of *Guys and Dolls*, directed by R. Kent Knutson. Set in Damon Runyon's mythical New York City, *Guys and Dolls* is an oddball romantic comedy. Gambler Nathan Detroit tries to find the cash to set up the biggest craps game in town while the authorities breathe down his neck. Meanwhile, his girlfriend and nightclub performer, Adelaide, laments that they've been engaged for 14 years. Nathan turns to a fellow gambler, Sky Masterson, for the dough, and Sky ends up chasing the straight-laced missionary, Sarah Brown, as a result. *Guys and Dolls* takes us from the heart of Times Square to the cafes of Havana, Cuba, and even into the sewers of New York City, but eventually everyone ends up right where they belong. Considered by many to be the perfect musical comedy, *Guys and Dolls* ran for 1,200 performances when it opened on Broadway in 1950. It received nearly unanimous positive reviews from critics and won a bevy of awards, including Tony Awards, Drama Desks, and Oliviers. Frequently revived, the show has been done with numerous all-star casts, including productions/concerts featuring Ewan McGregor, Jane Krakowski, Brian Stokes Mitchell, and Jessica Biel.

**Lunch Menu (choose entree option when registering):** 1) Braised boneless short rib, 2) Seared pork chop, 3) Dill-roasted tilapia, or 4) Angel hair pasta with garden marinara. Includes (except pasta) mashed potatoes, seasonal vegetable, coffee, tea or soft drink, and dessert.

Wed, June 6  
\$69

10:45 am pick-up  
4:35 pm approximate return

Register/cancel by May 8  
Y3248A

## St Paul Saints Ball Game

See a Saints baseball game at CHF Field in St Paul. The St Paul Saints belong to the North Division of the American Association of Independent Professional Baseball. St Paul's baseball history stretches from Fort Street Grounds to Lexington Park and Midway Stadium to CHS Field. Use your "Saints Bucks" for lunch in the ballpark. There are plenty of good 'ol ballpark options, ranging from the main staples of Ballpark Frank hot dogs, to bratwursts and burgers, to steak sandwich with onions and peppers. There are also fresh cheese curds, fish and chips, sub sandwiches, ice cream, soft pretzels, Angie's Kettle Corn, and assorted candy. Along with food, the concession stand offers a variety of beverages. The Saints team store is run by Goldy's Locker Room and will carry everything from shirts, hats, and sweatshirts, to mini bats and CHS Field merchandise. Bus drop-off and pick-up site is at the 4th St entrance to CHS Field, and there is a considerable amount of walking from there to the seats.

Wed, June 13

\$58

11:40 am pick-up

4:45 pm approximate return

Register/cancel by May 7

Y3249A

## La Crosse, Wisconsin River Cruise

Arrive at LARK Toys in Kellogg, MN for coffee and a treat (included). This very unique toy store is the largest of its kind in the US. Thousands of visitors pass through its doors each year to see a collection of antique toys, wooden toys, specialty toys, a large hand-carved operating carousel (cost: about \$2 per person), and a large bookstore. From Kellogg, enjoy the colorful Great Mississippi River Road, one of the most scenic byways in America, on the way to La Crosse, WI, where you'll board the La Crosse Queen for a Mississippi River cruise with buffet service luncheon in the main cabin. The vessel has a climate controlled main cabin surrounded by windows that seats 80 passengers, as well as a covered upper deck that seats an additional 50 guests. The La Crosse Queen is a modern-day replica of the grand riverboats that plied the Mississippi River in the late 19th Century. She is one of the few authentic Mississippi River paddlewheel riverboats still in operation in the country today. Step back in time to when the most popular means of travel from town to town along the river was by riverboat. Take in the scenic treasures of the Upper Mississippi River, including one of the oldest swing bridges still in operation today, the wild life, the lock and dam system, and other scenic and historic sites.

**Lunch Menu:** Swedish meatballs and ham, potato, vegetable, rolls, dessert, and coffee.

Wed, July 11

\$76

8:05 am pick-up

6:45 pm approximate return

Register/cancel by June 11

Y3250A

## West Side Story At Guthrie Theater With Lunch At Sea Change

Arrive at the Guthrie Theater and have a light lunch in the Sea Change Restaurant. Then, relax in the Guthrie Theater public spaces and spend time at the gift store before heading to your reserved seats main floor center in the Wurtele Thrust Stage (there are some steps). *West Side Story* is an iconic American musical set in 1957 when two rival gangs, the Jets and the Sharks, are prowling the streets of Manhattan's West Side. When Tony falls for Maria, the sister of a rival gang member, a rumble is planned. Like Romeo and Juliet, they're caught in an ages-long feud with no escape, even as they pledge their love for each other. Through the genius of Bernstein and Sondheim, incomparable hits like "Maria," "Tonight," "Cool," and "I Feel Pretty," are merged with the greatest love story ever told in this larger-than-life musical. NOTE: Run time is expected to be about two hours and 30 minutes. Sometimes late guest arrivals, technical difficulties, and the bus loading process will delay the actual leave time.

**Lunch Menu:** Crabcake BLT with fries, coffee, tea, fountain soda. (Note: A vegetarian omelet with mixed greens can be pre-ordered, but it must be indicated at time of registration.)

Wed, Aug 1

\$81

10:10 am pick-up

4:15 pm approximate return

Register/cancel by June 11

Y3251A

**WEST  
SIDE  
STORY**



# Mary Wanderer's Trip Program (cont.)

## August Schell Brewery And New Ulm

Arrive at the New Ulm Visitor Center to use the facilities. There is self-serve coffee available. Leave Visitor Center and arrive at the historic Lind House (there are four steps into the house), designed by Frederick Thayer in the Queen Anne style. Staff will give a brief introduction before a luncheon served in an elegant Victorian home with lace table linens. After lunch, tour the home that was the center of social, cultural, and state functions during the family's residence from 1887–1901. Next head to the August Schell Museum of Brewing, founded in 1860. Take time to visit the gift store and stroll through the beautiful gardens before starting the tour. The brewery is housed in the original brick building. Learn about the history of the founding family and of the brewery. The tour ends with assorted beer and 1919 Root Beer sampling in the Rathskellar Tap Room. You will go up to the old copper kettle area. A short video will show the production areas and more of the brewing process. Part of the tour is outside, and steps are involved, so wear appropriate footwear. Stop at Jim's Candy Store near Jordan. It is the bright yellow hangar-like building that calls to motorists traveling along Hwy 169. You can purchase candy, fruits, vegetables, and other specialty items.

**Lunch Menu:** Stuffed pork loin, herbed dressing, mashed potatoes and gravy, glazed carrots, a petite cream puff, water, and coffee.

Tue, Aug 21

\$72

8:35 am pick-up

5:50 pm approximate return

Register/cancel by July 23

Y3252A



## Duluth's North Shore Scenic Railroad

Make a quick comfort stop (on own) at a rest area near Hinckley. Arrive at the Depot in Duluth, MN and board the North Shore Scenic Railroad for a narrated trip to the historic Depot in Two Harbors. The historic coaches have large windows that are perfect for viewing the colorful shoreline of Lake Superior through the wooded Congdon Neighborhood on this 28-mile stretch of track. Enjoy a boxed lunch en route (included). Board a bus home at the Depot, then pull off the highway into Great Lakes Candy Kitchen in Knife River. Third generation candy makers follow family recipes from more than 100 years of tradition. Candy is handmade in small batches the old-fashioned way, cooked in copper kettles, hand stirred, with quality ingredients. Down the street, stop to purchase fish smoked in Norwegian tradition at Russ Kendall's Smoke Fish House. Leave Knife River and make a stop for supper (on own) at one of the fast food dining options at the Hinckley exit.

**Boxed Lunch Sample Menu:** Sandwich, chips, fruit, beverage, cookie.

Fri, Sept 21

\$80

6:55 am pick-up

7 pm approximate return

Register/cancel by Aug 20

Y3253A



## Fall Color Gunflint Trail, Wolves, And Bears

### DAY 1 - Tue, Sept 25

Leave Golden Valley City Hall at 7:30 am. Have coffee and rolls at Tobies Restaurant. In Two Harbors, dine at the Rustic Inn Café. Enjoy the fall colors along the North Shore of Lake Superior. A private concert is scheduled at Michael Monroe's Log Cabin in the woods. He blends rich vocals, guitars, bamboo and crystal flutes together. His Seaton Acoustic Guitars are made on the Gunflint Trail. They are recycled from rare North Shore woods, including 200-year-old salvaged wood from the bottom of Lake Superior. Spend two nights in Grand Marais at the Best Western Superior Inn, located on the shores of Lake Superior within walking distance of shops and restaurants. Dine at an eatery of your own choosing. [C,L]

### DAY 2 - Wed, Sept 26

Spend the day on the Gunflint Trail. Enjoy the colorful drive with a local guide. Hear about the wildflowers, trees, shrubs, birds, fish, and mammals. At the end of the trail is the Chik Wauk Museum and Nature Center. The building is listed on the National Register of Historic Places. It was built in the early 1930s by the Nunstedt family and operated as a fishing resort until 1980. A guide will present the interpretive and interactive displays. Learn about the area's cultural history, from its prehistoric beginnings to the development of today's unique and rural community. A collection of pictures, videos, and other historic material allows you to immerse yourself in the lives of Gunflint Trail pioneers. Start back down the trail to the Gunflint Lodge. It is a classy resort nestled into the heavy forest on the south shore of Gunflint Lake. Have lunch in the rustic dining room. Return to Grand Marais to relax before a special dinner at Naniboujou Lodge (also on the National Register of Historic Places). The lodge was conceived in the 1920s as an ultra-exclusive private club and still reflects the aura of the '20s. [B,L,D]

### DAY 3 - Thur, Sept 27

Leave Grand Marais and travel to Ely. Tour the North American Bear Center, the only science and nature museum of its kind. Dedicated to replacing old myths with facts, it lets people learn from the bears themselves about bear behaviour, ecology, and their relations with humans. Have lunch at The Chocolate Moose. Next, tour the International Wolf Center. The observation windows let you look into the den to view the wolf pack. This center advances the survival of wolf populations by teaching about wolves, their relationship to wild lands, and the human role in their future. Meet a naturalist for an introduction to some aspects of basic wolf biology and the Center's ambassador wolves. There are award-winning exhibits to view. Leave Ely and stop for supper at Tobies. Return to Golden Valley at about 8 pm. [B,L,S]

**Fee includes:** Deluxe motor coach transportation, lodging for five nights, meals as indicated [C-coffee, B-breakfast, L-lunch, D-dinner, S-supper], attractions as outlined in itinerary, tour director Mary Odell from Golden Valley Seniors, and gratuities on included meals and attractions.

**Tue–Thur, Sept 25–27**

**\$644/person (double), \$855/person (single)**

**\$150 deposit per person is due by July 6**

**Final payment due by July 23**

**Payments are non-refundable after July 6**

**Y3258A**



## Mary Wanderer's Trip Program (cont.)

### Fall Color Great River Road And National Eagle Center In Wabasha

At Pepin Heights Apple Orchard in Lake City, shop for apple products and specialized gifts. Evelyn Courtier, along with her husband Gil, planted the first orchard in 1949. Leave Pepin Heights and arrive at Bluffs at the Coffee Mill Golf Course Restaurant. Enjoy lunch overlooking the majestic Mississippi Valley with a wonderful panoramic view. After lunch, head for the National Eagle Center, a 15,000-square-foot building with plenty of exhibit space and a glassed-in observation deck for eagle watching. Look around the center and gift shop at your own pace, and spend time on the platform viewing interesting wildlife, including bald eagles (BRING BINOCULARS FOR BEST VIEWING). Enjoy a classroom presentation on Ambassador Eagles and engage with the staff about these rehabilitated eagles that are used for educational programs. Learn how much an eagle weighs and the size of its wingspan. On the return trip, shop at the Nelson Cheese Factory. The founders of the Nelson Cheese Factory made cheese for more than 100 years. While they no longer make cheese, the offerings have been expanded to include cheese from Wisconsin and around the world as well as fine wines and a gourmet selection of food. Ice cream cones are a favorite with all visitors, along with a selection of fresh and delicious sandwiches, soups, and salads. Leave Nelson and travel home through the small riverside villages on the Wisconsin side of the Mississippi River.

**Lunch Menu:** Tossed salad, stuffed pork chop, mashed potatoes and gravy, vegetable, roll, dessert, coffee or tea.

Tue, Oct 16

\$68

7:35 am pick-up

6:25 pm approximate return

Register/cancel by Sept 24

Y3255A



### St Paul Gangsters And Cave Tour

Start with lunch in the dining room at Wabasha Street Caves, followed by a guided tour of the caves. Explore the sandstone caves where the French immigrants grew mushrooms as early as the 1800s. In the 1930s, it was converted to The Castle Royal, a rambunctious and romantic depression-era nightclub where big bands appeared. Board the coach with a costumed gangster as your tour guide. On a riding tour, you will venture through the streets of St Paul during its roaring hoodlum heyday on an exploration of Crooks, Crime, and Corruption. See sites where the infamous lived, socialized, committed crimes, and where many were brought to justice. Your guide will take you back to the city of St Paul in the 1920s and 1930s when crime and corruption ruled. Drive past the Landmark Center, where some of the FBI's most notorious criminals were tried including Ma Barker and her five sons, Alvin "Creepy" Karpis, Baby Face Nelson, John Dillinger and his gal Evelyn Freschette, and even Machine Gun Kelly.

**Lunch Menu:** Gangster luncheon served buffet style, including Caesar salad, penne pasta bake with ground beef, penne pasta bake with chicken alfredo, vegetable, garlic bread sticks with butter, cookies and bars, coffee, tea, or water with lemon.

Tue, Oct 30

\$70

10:25 am pick-up

3:30 pm approximate return

Register/cancel by Oct 1

Y3256A





## FlyOver America At MOA

Arrive at the Mall of America for "FlyOver America," a must-see virtual flight attraction unlike anything Minnesota has ever seen. Riders are suspended in the air with feet dangling 10 to 40 feet above the ground and immersed in a giant half-spherical dome screen. Special effects, including wind, scents, and mist, make you feel like you're truly flying! After the ride, take time at the Mall of America to shop along the pedestrian walkways, featuring hundreds of stores, including American Girl and The LEGO Store. You can also purchase tickets to Nickelodeon Universe and Sea Life Minnesota Aquarium. Meet at The Radisson Blu Fire Lake Grill House for a petite luncheon. Take some additional time after lunch to visit stores decked out in seasonal array.

NOTE: There is considerable walking at the Mall of America. A folding wheelchair, walker, or cane will fit under the motor coach.

**Sample Lunch Menu:** Chicken and mushroom wild rice soup, half club sandwich (rotisserie chicken, rotisserie turkey, pecan bacon, provolone, tomato, field greens, coffee, tea or soda, and a blueberry lemon white chocolate cookie.

Thur, Nov 15

\$50

9:20 am pick-up

3:05 pm approximate return

Register/cancel by Nov 1

Y3254A



## Holiday Train To Milwaukee

### DAY 1 - Wed, Dec 5

Board the motor coach at Golden Valley City Hall at 6 am and transfer to Amtrak Union Depot in downtown St Paul to take the Empire Builder train to Milwaukee. There is a full-service dining car, an informal snack bar, and a lounge car for meal service (on own). Upon your afternoon arrival at the Milwaukee Train Depot, transfer to Milwaukee's Landmark Art Deco Ambassador Hotel. The four-star, full-service property is beautifully renovated and seamlessly appointed with every modern comfort. Have dinner at Mader's Restaurant and enjoy German cuisine, Bavarian decor, and traditionally-attired waitstaff. After dinner, a local guide will give a lights tour of downtown areas that are transformed into a winter wonderful experience. [D]



### DAY 2 - Thur, Dec 6

Tour the Pabst Mansion, one of Milwaukee's grandest holiday traditions. Bask in the splendor of three floors of holiday decorations. As leading figures in Milwaukee society, Captain and Mrs Pabst became consummate art collectors, filling their mansion with priceless treasures. Travel to Cedarburg for some shopping and dining in the historic district. This village offers a festive spirit with seasonal decorations and specialty items. Walk along the streets lined with fascinating specialty shops, charming restaurants, gracious historic inns, with a beautiful blend of old and new situated along Cedar Creek. After check-in at the Holiday Inn Express in Ft Atkinson, enjoy the Thursday Evening Signature Buffet at the Fireside Dinner Theater, then move into the theater to see *Elf - The Musical*, based on the beloved holiday film. [B,D]

### DAY 3 - Fri, Dec 7

Leave Ft Atkinson, WI and travel to Wisconsin Dells for lunch at Trappers Turn Restaurant. The elegant space offers peaceful views. Stop at a cheese store to purchase Wisconsin cheese. Estimated return time to Golden Valley is 5:30 pm. [B,L]



**Fee includes:** Deluxe motor coach transportation, lodging for five nights, meals as indicated [C-coffee, B-breakfast, L-lunch, D-dinner, S-supper], attractions as outlined in itinerary, tour director Mary Odell from Golden Valley Seniors, and gratuities on included meals and attractions.

Wed-Fri, Dec 5-7

\$615/person (2 per room), \$775/person (1 per room)

\$150 deposit per person is due by Oct 1 and is not refundable

Final payment due by Oct 29

Payments are not refundable after the listed deadlines  
Y3259A

# Mary Wanderer's Trip Program (cont.)

## A Grand Christmas Tour

Take a guided tour of the Alexander Ramsey House and experience the sights, sounds, and tastes of a Victorian Christmas. The Alexander Ramsey House offers visitors a chance to step back in time to the Christmas season of 1875. View original family ornaments and Christmas gifts. Discover how the Ramsey family and their friends, neighbors, and servants prepared for and celebrated the Christmas season. Shop in the Carriage House Gift Store, which features replica Victorian ornaments and other item. Arrive on popular Grand Avenue for lunch at Tavern on Grand in The Lake Room.



**Lunch Menu (choose entree option when registering):** 1) Walleye basket—a walleye fillet, cut into pieces, battered and deep-fried, served with seasoned tavern fries, cole slaw, beverage, and ice cream; or 2) Grilled chicken beast, seasoned tavern fries, cole slaw, beverage, and ice cream.

After lunch, take a guided tour\* of the St Paul Cathedral, recognized as a historical landmark. The prominent building sits on Cathedral Hill overlooking downtown St Paul and features a distinctive copper-clad dome. It is the third largest completed church in the United States and the fourth tallest. It is dedicated to Paul the Apostle, who is also the namesake of the City of St Paul. The current building opened in 1915 as the fourth cathedral of the archdiocese to bear this name. The interior is illuminated by 24 stained glass windows featuring angelic choirs. The building was added to the National Register of Historic Places in 1974. The tour begins near the front pews and the center aisle of the Cathedral. After the tour, visit the space at your own pace, and stop by gift kiosks to purchase a memento of your visit.

\*The Cathedral only offers tours at 1 pm, but because it is an active place of worship, it is possible that daily tours may be cancelled in deference to special liturgical events.



Wed, Dec 12

\$67

8:05 am pick-up

3 pm approximate return

Register/cancel by Nov 19

Y3257A

# 55+ Adult Community Services

## Senior Community Services Caregiver Services 612-770-7005

Senior Outreach and Caregiver Services provides support to friends, spouses, and other family members who help an older adult remain at home. The staff not only assists these caregivers in connecting with needed services and resources for their loved ones but gives support to them as well. The licensed social workers can provide consultation, caregiver support groups, family meeting facilitation, and coaching to the caregiver. Call today for more information!

## Store To Door 651-642-1892

Help At Your Door, formerly Store to Door, is a nonprofit organization that provides critical services to thousands of seniors, individuals with disabilities, and caregivers across the greater metro area of Minneapolis and St. Paul. Their mission is to help seniors and individuals with disabilities maintain their independence and continue living in their homes. Services include: grocery assistance, home support (cleaning and repair), and transportation.

## Senior Dining 763-531-1183

Senior Dining provides a delicious noon meal at Crystal Community Center. A donation of \$4 is requested at the door, but no one will be denied a meal. Takeout meals are also available. Reserve your lunch by calling at least three days in advance between 9–11:30 am. Ask a friend to join you for a great meal at a reasonable cost.

## H.O.M.E. 952-746-4046

H.O.M.E. stands for Household and Outside Maintenance for the Elderly. The mission of the H.O.M.E. Program is to assist those age 60+ with household chores to help promote independence. Seniors contribute to the cost of the service based on their monthly income and their ability to pay. H.O.M.E. also accepts some insurance payments as well as the Elderly Waiver and the Alternative Care Grant.

Each year H.O.M.E. receives a growing number of requests for help with leaf raking, window washing, yard clean up, gardening, basement cleaning, and garage sweeping. They rely completely on the generosity of volunteers to fulfill these requests. H.O.M.E. also places volunteers with individuals who need assistance with seasonal chores such as snow removal and lawn mowing. The volunteer opportunities are flexible and great for individuals as well as groups. Call or email us at HOME@seniorcommunity.org.

H.O.M.E. can help with:

- housekeeping
- laundry
- minor maintenance repairs
- safety device installation
- interior/exterior painting
- snow shoveling
- lawn mowing seasonal
- yard work
- window washing

## Golden Valley Library Programs and Events

### Monthly Regular Programs

#### Book Club

2nd Mon each month, 6:30 pm

#### Audiobook Club

4th Mon each month, 6:30 pm

#### Poetry Lovers Coverge

1st Wed each month, 6:30 pm

#### Meditation For Beginners

3rd Wed each month, 6:30 pm

#### History Discussion Club

3rd Thur each month, 10 am

### Special Events

#### Live Music: Strolling Acordians

April 14, 2–3:30 pm

#### Club Book With Author Ariel Lawhon

April 16, 6:30–7:30 pm

#### Author Talk: Yorkville Twins, John & Joe Gindele

May 1, 6:30–7:45 pm

#### Forever Music: Bluegrass and Appalachian Music

May 17, 1–2 pm (registration required)

#### Panel Discussion: Vietnam Experience

May 21, 6:30–7:30 pm

For more information, visit [www.hclib.org](http://www.hclib.org) or call 612-543-6375.





# TWIN CITY TENNIS CAMPS

*Moving Tennis from A Game of Skill to A Game for Life*

**REGISTER NOW!**

[www.twincitytenniscamps.com](http://www.twincitytenniscamps.com)

**612-600-2460**



## Junior & Senior Quick Start

**Ages 4–12**

Learn basic stroke mechanics through coach-supervised and child-led techniques. No more standing in line waiting for a ball from the coach. Our coaching formula engages every child continuously in every activity. We will encourage children to take gradual steps towards improving fundamental skills.

### LIONS PARK

**Mon–Thur, April 16–June 9 (no class May 29)**

4:30–6:30 pm, \$139

### BROOKVIEW PARK

**Mon–Thur April 16–June 9**

6:15–7:45 pm, \$139

**Sat, April 16–June 9**

9:30–11 am, \$139

10 am–noon, \$139

**Sat/Sun, April 16–June 9**

Noon–1 pm, \$95

**Mon–Fri, June 4–Aug 31**

8:30 am–noon, \$199/wk, \$695/4 wk, \$1495/12 wk

8:30 am–4 pm, \$299/wk, \$1195/4 wk, \$2395/12 wk

11 am–4 pm, \$265/wk, \$995/4 wk, \$1995/12 wk

12:30–4 pm, \$175/wk, \$595/4 wk, \$1395/12 wk

4–6 pm, \$119/wk, \$399/4 wk, \$999/12 wk

**Mon/Tues/Wed/Thur, June 11–Aug 31**

6–8 pm, \$239/12 classes, \$169/8 classes, \$119/6 classes, \$99/4 classes

**Sat, June 3–Aug 26**

9:30–11 am or 11 am–12:30 pm

\$199/12 classes, \$139/8 classes, \$99/6 classes, \$79/4 classes

## Juniors & Seniors Development

**Ages 5–15**

Our goal is to have every child rallying across the net, learning the scoring system, and participating in cooperative or competitive match play within the first week at camp. We emphasize learning and improving all of the major technical tennis strokes. Participants will have also time to experience off-court activities like volleyball, water games, and more.

### LIONS PARK

**Mon–Thur, April 16–June 9 (no class May 29)**

4:30–6 pm, \$139

### BROOKVIEW PARK

**Mon–Thur April 16–June 9**

6:15–7:45 pm, \$139

**Sat/Sun, April 16–June 9**

12:30–1:30 pm, \$129

1:30–3:30 pm, \$169

1:30–5 pm, \$289

**Sat, April 16–June 9**

11 am–12:30 pm, \$149

**Mon–Fri, June 4–Aug 31**

8:30 am–noon, \$199/wk, \$695/4 wk, \$1495/12 wk

8:30 am–4 pm, \$299/wk, \$1195/4 wk, \$2395/12 wk

11 am–4 pm, \$265/wk, \$995/4 wk, \$1995/12 wk

12:30–4 pm, \$175/wk, \$595/4 wk, \$1395/12 wk

4–6 pm, \$119/wk, \$399/4 wk, \$999/12 wk

**Mon/Tues/Wed/Thur, June 11–Aug 31**

6–8 pm, \$239/12 classes, \$169/8 classes,

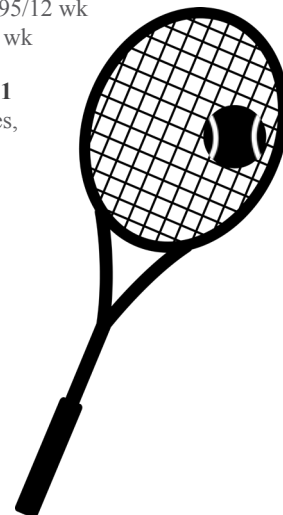
\$119/6 classes, \$99/4 classes

**Sat, June 3–Aug 26**

9:30–11 am or 11 am–12:30 pm

\$199/12 classes, \$139/8 classes,

\$99/6 classes, \$79/4 classes



**REGISTER NOW!**

[www.twincitytenniscamps.com](http://www.twincitytenniscamps.com)

**612-600-2460**

**Early Bird Pricing Available**

**Discount Deadlines:**

**Spring Sessions – April 1**

**Summer Sessions – April 15**

\*Twin City Tennis Camps is an independent contractor not affiliated with the City of Golden Valley.\*

763-512-2345 | [www.goldenvalleymn.gov](http://www.goldenvalleymn.gov)



## Juniors & Seniors High Performance Ages 9–18

This camp will have every player competing in singles and doubles match play while improving strategy and execution, building character and mental toughness, and increasing agility, power, and speed through physical fitness conditioning and technical development. Focus is on stroke consistency, court positioning, and strategy for competitions. Each day will incorporate daily fitness training and stretching and other off-court activities.

### WESLEY PARK

**Mon–Thur, April 16–June 9 (no class May 29)**

4:30–6 pm, \$149

### BROOKVIEW PARK

**Mon–Thur April 16–June 9**

6:15–7:45pm, \$139

**Sat/Sun, April 16–June 9**

12:30–1:30 pm, \$129

1:30–3:30 pm, \$169

1:30–5 pm, \$289



### BROOKVIEW, LIONS, OR WESLEY

**Mon–Fri, June 4–Aug 31**

8:30 am–noon, \$235/wk, \$895/4 wk, 1895/12 wk

8:30 am–4 pm, \$299/wk, \$1195/4 wk, \$2395/12 wk

12:30–4 pm, \$175/wk, \$595/4 wk, \$1395/12 wk

4–6 pm, \$125/wk, \$455/4 wk, \$1095/12 wk

## Junior USTA Team Tennis Leagues Ages 8–18

For high performance, intermediate, and advanced players. Teams: 10U Int, 12U Int/Adv, 14U Int/Adv, and 18U Int/Adv. NOTE: Participants will be required to provide USTA membership number. \*FREE if you signed up for four weeks or more of Summer Camps.\*

### WESLEY/LIONS PARK

**2 days/wk, June 12–July 21**

12:30–3:30 pm, \$200

## Private And Semi-Private Tennis Lessons

Private lessons are one-on-one instruction with either a USPTA certified head professional or assistant professional. Semi-private lessons will be with two to four students per instructor. Call Dan Nabadrick today to set up your lessons!

PRIVATE	Head Pro	Asst Pro
1 hour	\$85	\$65
5 lesson	\$400	\$300
10 lessons	\$750	\$550

### SEMI-PRIVATE

1 hour	\$95	\$75
5 lessons	\$450	\$350
10 lessons	\$850	\$650

## Adult Tennis Programs

### Basics & Beyond - USTA Level 1.0–2.5

Beginner and advanced beginner lessons with strokes, rallying, and serving.

### Warrior Drill - USTA Level 4.0–5.0

USTA league players will work on advanced strokes, doubles strategy and technique.

### BROOKVIEW PARK

**Mon–Thur, April 16–June 9 (no class May 29)**

6–8 pm, \$139/1 day wk (8 classes)

**Mon/Tue/Wed/Thur, June 4–Aug 31**

6–8 pm, \$119/6 classes, \$169/8 classes, \$249/10 classes, \$239/12 classes, \$349/16 classes, \$529/24 classes

**Sat, April 16–June 9**

9:30–11 am or 11 am–12:30pm

\$139/8 classes, \$99/6 classes, \$79/6 classes

### BLAKE SCHOOL

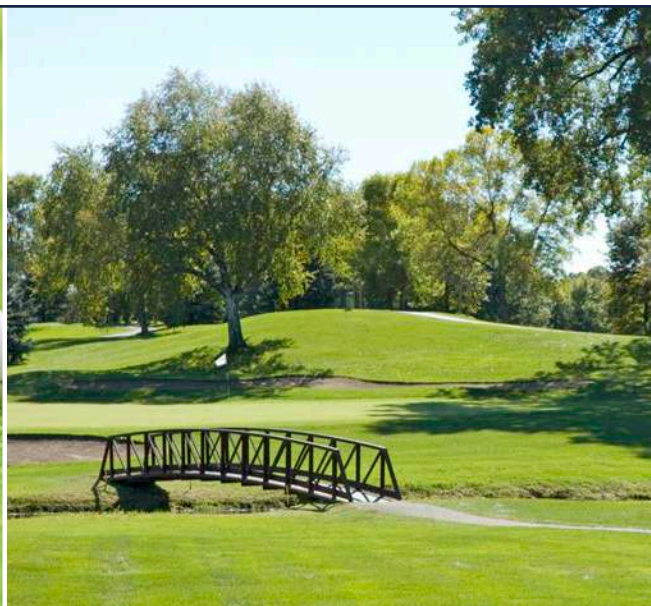
**Mon/Wed, June 5–Aug 30**

6–8 pm, \$129/5 classes, \$199/8 classes, \$249/10 classes, \$299/12 classes, \$349/16 classes, \$529/24 classes

# BROOKVIEW

GOLF & LAWN BOWLING

763-512-2300 | [www.brookviewgolf.com](http://www.brookviewgolf.com)



## 2018 GOLF PATRON PROGRAM

*Purchase a patron card and save all year  
at Brookview Golf Course!*

Patron card applications can be picked up at Brookview Golf Course or [www.brookviewgolf.com](http://www.brookviewgolf.com).

Card holder benefits include discounted green fees and power cart rental, advance reservation privileges, driving range and merchandise discounts, and coupons.

PATRON CARD TYPE	By 4/1/18	After 4/1/18
Resident Patron	\$75	\$80
Non-Resident Patron	\$115	\$120
Resident Senior (60+)	\$45	\$50
Non-Res Senior (60+)	\$80	\$85
Resident Junior (<18)	\$35	\$40
Non-Res Junior (<18)	\$40	\$45
Par 3 Patron	\$35	\$35

## Lawn Bowling Season Opener Night

**FREE**

**Friday, Aug 3  
6-9 pm**

Come out for the season opening of Brookview's Lawn Bowling green. Play is free and is on a first-come, first-served basis. Food and beverages will be available for purchase. This is a great opportunity to learn how to lawn bowl and visit the facilities. New lawn bowling league members are encouraged to attend this event before the first week of league play.



# GOLF

## REGULATION COURSE

	PATRON	PUBLIC
18-Hole	\$32	\$39
9-Hole	\$18	\$21
Power Cart 18-Hole	\$28	\$34
Power Cart 9-Hole	\$18	\$22
Twilight (after 3:30 Fri, Sat, Sun, Holidays)	\$18	\$22
Twilight with Power Cart	\$27	\$33

Reservations may be made as follows: Patron Card holders seven days in advance. General public five days in advance.

## PAR 3 COURSE

9-Hole	\$9.50	\$13
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## JUNIORS

18-Hole (Ages 10-17)	\$23.50	\$25.50
9-Hole (Ages 10-17)	\$13.50	\$15.50
9-Hole Par 3 (Ages 6-17)	\$8.50	\$10

## 60+ ADULTS

### Mon-Fri before noon

18-Hole Senior	\$28	\$32
9-Hole Senior	\$16.50	\$18

### Valid anytime, seven days a week

9-Hole Par 3 Senior	\$8.50	\$10
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Reservations must be made, and tee times are based on availability. Not valid on holidays, special events, or for league play.

## DRIVING RANGE

Large Bucket	\$8
Large Patron Bucket	\$6
Small Bucket	\$6
Warm-up Bucket	\$4
10 Large Bucket Pass	\$67

## TOURNAMENTS

We invite groups of all sizes for tournaments on the 18-Hole Regulation Course or the 9-Hole Par 3 Course. Whether it's a formal tournament or a casual outing, we will help make your event a success. Brookview's banquet area, decks, and patio provide a great setting for food and fun before or after golf. Call 763-512-2305 to plan your outing!

	Package A	Package B
18-Hole Green Fee	\$39	\$44
18-Hole Green Fee & Power Cart	\$56	\$61
9-Hole Green Fee	\$21	\$26
9-Hole Green Fee & Power Cart	\$32	\$37
Par 3 Green Fee	\$13	\$18

### Package B Details

Includes driving range warm-up bucket, sleeve of golf balls, and package of tees, divot repair tool, and ball marker. Range bucket must be used on date of outing only.

# LAWN BOWLING

Lawn Bowling reopens Wed, Aug 1 after reconstruction

## RINK RENTAL

Golden Valley Resident or Brookview Patron	\$25/hour
Public	\$30/hour

## PRIVATE GROUP RENTAL

Private Rink Rental	\$30/hour
Half Green Rental (4 Rinks)	\$120/hour
Full Green Rental (8 Rinks)	\$240/hour
Game Official	\$30/hour

## TOURNAMENTS

Lawn bowling events are great for corporate groups, networking events, reunions, parties, and much more. Groups of all sizes, ages, and abilities enjoy lawn bowling. Brookview's banquet facilities, decks, patio, and lawn bowling green are a great setting for food and fun at your event. Call 763-512-2305 to schedule your lawn bowling event today!



## GOLF LEAGUES

### WOMEN'S 18-HOLE LEAGUE

The league plays Tuesday mornings from 7:15–8 am. Applications can be picked up at Brookview, and there are openings for new members. For more information, call Beth Rubin at 612-325-4511.

### WOMEN'S 9-HOLE LEAGUE

Opening day will be May 3, 2018. The league plays Thursday mornings, and there are openings for new members. Pick up an application at Brookview Golf after March 5, 2018. For information, call Nancy Spannaus at 612-849-9888, or join us at the membership meeting Thur, April 5 at 10 am at Brookview.

### MEN'S GOLF ASSOCIATION

Past members and interested guests are invited to attend this year's spring meeting Wed, March 21, 6 pm, at Brookview. The meeting agenda includes events for the 2018 season and free refreshments. All BMGA members must purchase a patron card and handicap. Visit [www.bmga.org](http://www.bmga.org).

### WOMEN'S PAR 3 PUTTERS

The Par 3 Putters League plays nine holes Thursday afternoons. Tee times are from 4–6:32 pm, and the league accommodates up to 80 players. Priority is given to last year's members.

### WOMEN'S PAR 3 CHIPPERS

The Par 3 Chippers will play Wednesday nights from 5:04–6:32 pm. This league can hold up to 48 players, with priority given to last year's members. Contact Brookview for information.

### COUPLES LEAGUE

The Brookview Couples League plays every other Sunday night starting at 5 pm. You must sign up as a twosome. Contact Brookview for information.

### 60+ ADULT PATRON 18-HOLE LEAGUE

This league plays Tuesday mornings starting May 1. Tee times range from 8–10 am. Bring registration forms and fees to Brookview before the first week of play. Contact Brookview for information.

## LAWN BOWLING LEAGUES

### FALL LEAGUE

Join a fall lawn bowling league! Leagues play for seven weeks and conclude with the Brookview Lawn Bowling Cup Championship Tournament in September. Teams compete with four people each week and can roster up to 10 players. Rostered players must be age 16+, with non-rostered substitutes being age 12+. All equipment is provided. Leagues rotate weekly start times.

Tue, Aug 7–Sept 18  
6 and 7:15 pm  
\$400/team  
Register by Mon, July 23

Thur, Aug 9–Sept 20  
6 and 7:15 pm  
\$400/team  
Register by Mon, July 23

### RECREATIONAL LEAGUE

This recreational lawn bowling league is designed for beginner lawn bowlers or those who don't want to compete in lawn bowling but enjoy the sport more casually. Teams can consist of one to four players each week. Register your team and you can play with up to four people each week. Weekly fees are \$10 per player, which includes one beverage.

Tue, Aug 7–Sept 18  
5:30–6:30 pm  
\$30/team



# ADULT GOLF

## New Golfer Adult Group Lessons with Michael Turnbull

Golf is hard, right? Well, it's not true. Swinging a golf club is a relatively simple task no matter what you've heard. These group lessons are for the beginner adult golfer and are taught by PGA Teaching Professional Michael Turnbull, who specializes in helping beginners become more confident and enjoy this great game. Lessons will cover an overview of the game, including rules and etiquette, putting, chipping and pitching, and full swing irons and woods. Class meets for four 60-minute lessons, plus a fifth class at the Par 3 to provide real course experience. *\*NOTE: The final week of the 5:30 and 5:45 pm classes will meet at the Par 3 course at 7 pm.*

Brookview Lesson Tee      \$99/session      Min 6, Max 10

Mon & Wed, April 23–May 7  
5:45–6:45 pm S5101A  
7–8 pm S5101B

Tue & Thur, May 15–29  
5:45–6:45 pm S5101C  
7–8 pm S5101D

Tue & Thur, June 12–28  
5:45–6:45 pm S5101E

Thur, July 12–Aug 9  
6–7 pm S5101F

## Meet the Instructor... Michael Turnbull

Michael Turnbull has been helping people learn golf since 1977. In 1999, he learned about the Inner Game from best-selling author Timothy Gallwey. Michael's philosophy is based on his own experience employing the exercises and precepts of Mindful Golf, in addition to the insights he gained from studying Eastern philosophy. Rather than teach students to focus on the "right" way, Michael guides them to learn golf naturally, "from the inside out," to become more creative and confident learners and performers. Michael is one of the few golf instructors to strictly teach the Ernest Jones method of swinging, which treats the golf swing as one whole motion, not a series of discrete movements that the student is required to assemble in order, and oh, by the way, don't think about it while you're swinging.

Michael has served as the PGA head professional at Balboa Park GC in San Diego, CA and the PGA head professional and golf course manager at Baker National Golf Course in Medina, MN. He has also been a teaching professional at Medina Golf and Country Club in Hamel, MN; SeaCliff Country Club in Huntington Beach, CA; and since 2003 at Brookview Golf Course in Golden Valley. He has served on the Board of Directors of the Minnesota PGA and is a past president of the Midwest Golf Course Managers Association. A three-time winner of the Minnesota PGA Junior Golf Leader award, Michael also assisted the Minnesota State High School League as a Rules Official for 14 years.

## Adult Group Golf Clinics with Michael Turnbull

These clinics present a relaxed and simple way for beginners, intermediates, and golfers at the end of their tether to learn new and interesting things about a variety of golf topics, and they're great fun. Students will learn to feel the difference between swings that work and swings that don't. Clubs and balls provided.

Brookview Lesson Tee      \$25/clinic  
11 am–noon      Min 6, Max 10

### WOODS CLINIC

Learn to feel what is important when swinging the long clubs. Discover your sources of consistency and distance with both your driver and fairway woods.

Sat, April 28 S5103A  
Sat, June 2 S5103B  
Sat, July 14 S5103C

### SHORT SWINGS CLINIC

Students will learn simple short swing techniques and methods to increase consistency and confidence. The ability to use a variety of clubs will add creativity to your game and lower your scores.

Sat, May 5 S5103D  
Sat, June 9 S5103E

### IRONS/HYBRID CLINIC

Topping the ball? That's not much fun. Golf is mostly played from the ground, not off a tee. This clinic presents a simple and relaxed way to feel the difference between a swing that rolls the ball on the ground and one that launches it in the air. Discover what matters most when hitting approach shots and develop some confidence with your irons/hybrids off the ground.

Sat, May 12 S5103F  
Sat, June 16 S5103G

### PITCHING CLINIC

Partial swings can be golf's most difficult shots. They also are the most important scoring shots. Students will learn to use clubs from different lies and learn different types of shots to improve their score.

Sat, May 19 S5103H  
Sat, June 23 S5103I



# ADULT GOLF

## Michael's Fabulous Monday Night Adult Lesson League

This league is designed to provide new players with an opportunity to meet other new players and experience golf in a relaxed and enjoyable atmosphere. The lesson league is designed for golfers with two years or less of playing experience and for those that have completed some form of instruction program prior to this league. Michael will organize the league and provide on-course oversight each night to answer questions. The first night meets at the Par 3 course for an introduction to the league and a Mindful Golf lesson. The second night consists of a Mindful Golf lesson and time on the course. In weeks three through seven, players will play the Par 3 course accompanied by Michael.

### Brookview Par 3 Course

\$125/session

Min 12, Max 28

Mon, June 4–July 23 (no class July 2)

6–8 pm

S5104A

Mon, July 30–Sept 17 (no class Sept 3)

5:30–7:30 pm

S5104B



## Women On Course With Alex Tegels

Take your golf game to the course! As a great next level for Women and Wine participants, golfers have the opportunity to experience on-course playing lessons. Inexperienced players will gain confidence, become comfortable on the golf course, and find new golf playing partners! Session includes first lesson on the Lesson Tee and two lessons on course.

### Brookview Lesson Tee & Par 3 Course

5:30–7:30 pm Lesson Tee, 5:30–8 pm Par 3 Course

\$99/session

Min 6, Max 12

Tue, May 8–22 S5113A

Tue, June 5–19 S5113B

Tue, July 10–24 S5113C

Tue, Aug 7–21 S5113D

## Meet the Instructor... Alex Tegels

Alex is a lifelong student of the game and has been teaching or nearly a decade. She has experience working with:

- getting beginner golfers excited to learn and keep playing
- recreational golfers looking to have more consistency when playing
- competitive golfers taking their game to the next level

Prior to returning to the Minneapolis area, Alex worked for the Southern California PGA on player development programming, teaching lessons throughout the community to interest new players in the game. In addition to private lessons, she offers afterschool enrichment programs and camps throughout the west metro. The goal is for players to walk away from the lesson feeling confident and excited to play!

## Wine And Women With Alex Tegels

Wine & Women is a program for the beginner or occasional golfer. The three lesson series will run through all parts of golf: Putting, chipping, irons, and driving. Learn and work on golf fundamentals in a fun and social atmosphere. The goal of the program is to get you more comfortable and out playing! Each lesson includes a glass of wine, so you must be 21+ to register.

### Brookview Lesson Tee

\$99/session

5:30–7 pm

Min 6, Max 12

Mon, May 7–21 S5105A

Mon, June 4–18 S5105B

Mon, July 9–23 S5105C

# JUNIOR GOLF

## TGA Premier Junior Golf Camps

Ages 6-14

TGA Premier Junior Golf Camps offer an unforgettable experience for your child by combining expert instruction, course play, and exciting activities that keep students engaged all day. With a low camper-to-instructor ratio and group pairings by age and skill, TGA camps provide lots of individual attention and proper instruction for your child. Questions? Contact Alex Tegels at 507-993-6377 or alex@playtga.com.

Each day of camp will include:

- station-based instruction (full swing, chipping, and putting)
- rules and etiquette and character development lessons
- fun games and contests
- Par-3 Course playing lessons

**Brookview Par 3 Course**      **Max of 16 per session**

Mon–Fri, June 25–29  
12–3 pm  
\$219  
S5109A  
*On course Wed, Thur, Fri*

Mon–Tue, July 2–3  
12–4 pm  
\$129  
S5109B  
*Start at lesson tee*  
*On course daily at 2 pm*

Thur–Fri, July 5–6  
9–3 pm  
\$179  
S5109C  
*Start at lesson tee*  
*On course daily at noon*

Mon–Fri, July 9–13  
12–3 pm  
\$219  
S5109D  
*On course Wed, Thur, Fri*

Mon–Thur, July 16–19  
12–3 pm  
\$179  
S5109E  
*On course Wed, Thur*

Mon–Fri, July 30–Aug 3  
12–3 pm  
\$219  
S5109F  
*On course Wed, Thur, Fri*

Mon–Fri, Aug 6–10  
9 am–3 pm  
\$299  
S5109G  
*Start at lesson tee*  
*On course daily at noon*

Mon–Fri, Aug 13–17  
9 am–3 pm  
\$299  
S5109H  
*Start at lesson tee*  
*On course daily at noon*

## TGA Premier Junior Golf Clinics

Ages 4–8

Series of lessons includes fun activities and games for all parts of golf. Real golf clubs are used as they develop swing fundamentals and begin to learn rules and etiquette of the game. Class size 5–14 students per session.

### PRE-K CLINIC (AGES 4–5)

Brookview Lesson Tee

9–9:45 am

\$65

Sat, May 5–19      S5203A

Sat, June 9–23      S5203B

Sat, July 21–Aug 4      S5203C

Sat, Sept 15–29      S5203D

### JUNIOR CLINIC (AGES 6–8)

Brookview Lesson Tee

10–10:45 am

\$65

Sat, May 5–19      S5203E

Sat, June 9–23      S5203F

Sat, July 21–Aug 4      S5203G

Sat, Sept 15–29      S5203H



# JUNIOR GOLF

## Junior Lesson League

Ages 6–17

League days will begin with a half-hour clinic at the Par 3, followed by nine holes on the Par 3 or Regulation Course. Junior leagues will play Monday or Tuesday mornings beginning June 18 and 19. Juniors will register for their start time for the season and play will be for six weeks. Max of 12 per session.

### MONDAY LEAGUE • JUNE 18–JULY 23

#### AGES 6–10

Par 3 Course

\$90/person

9 am S5201D

9:30 am S5201E

10 am S5201F

#### AGES 11–14

Par 3 Course

\$90/person

8 am S5201B

8:30 am S5201C

### TUESDAY LEAGUE • JUNE 19–JULY 24

#### AGES 6–10

Par 3 Course

\$90/person

9 am S5201G

9:30 am S5201H

10 am S5201I

#### AGES 13–17

Reg 9-Hole Course

\$110/person

7 am S5201L

7:30 am S5201M

#### AGES 11–14

Par 3 Course

\$90/person

8 am S5201J

8:30 am S5201K



## Mini US Open

Ages 3–14 with an adult

Celebrate the legendary US Open with a round at Brookview's Par 3 Course, featuring special flags and enlarged cups specifically designed for this family event. Adults caddie for your little champions, and make sure to get a photo with the Champions Cup next to the leaderboard after a great round. Clubs will be provided upon request, and all golfers must preregister. Prizes awarded for the best dressed groups, and food specials will be available at Three One Six Bar + Grill. Call the Parks and Recreation office at 763-512-2345 to schedule your tee time.

Brookview Golf Course

Sat, June 16

Tee Times 10:30 am–noon

\$13 resident, \$15 non-resident

S5110A

Register by June 11

## Brookview Junior Championship

Ages 6–17

Open to all junior golfers! Juniors are encouraged to participate in a junior golf league or lesson before the tournament. Caddies will be encouraged to assist their juniors during the round and with scoring. Juniors will be placed in flights based on age.

### AGES 6–14

Par 3 Course

Tue, July 31

8 am shotgun

\$25/person

S5117A

### AGES 13–17

Reg 9-Hole Course

Tue, July 31

8 am shotgun

\$35/person

S5117B

## Adult And Junior Play Day

Ages 4–7 with an adult 18+

Get out on the course with your favorite junior golfer! We'll use a scramble format. Both players hit a tee shot. Go to the best shot, then child hits second shot, parent third shot, etc, until holing out. Teams have the option of keeping score or writing "Had fun" on their scorecard. We will have prizes for the top three teams, plus closest-to-hole and long-drive contests for both parents and children. Awards and BBQ after at 3 pm.

Brookview Par 3 Course

Sun, July 22

1 pm shotgun

\$55/team, each add'l family member \$10

S5204A

## Open Championship Play Day

Ages 4–17

Two junior golfers team up for an end-of-summer golf tournament! Best ball format—player will play their own ball the whole round, best score at the end of hole counts towards the team score. Caddies will be encouraged to assist their junior during the round and with scoring. Awards and BBQ after at 3 pm. Family members can attend for \$10!

Brookview Par 3 Course

Sun, Aug 19

1 pm shotgun

\$25/player, \$10/family member BBQ

S5205A



# Summer JOB OPPORTUNITIES



## PLAYGROUND LEADER

Lead and supervise Playground Adventure and Summer Camp Programs in City parks for youth ages 3-12 (games, activities, projects, and crafts).

**Ages 16+ | June-Mid August**  
**Monday-Friday**  
 20-30 hrs/wk  
 \$10.92-\$11.98/hr

## ATHLETIC INSTRUCTOR

Instruct and lead youth ages 3-15 in various athletic programs (games, activities, and camps) in City parks.

**Ages 16+ | June-Mid August**  
**Monday-Friday**  
 20-30 hrs/wk  
 \$10.92-\$11.98/hr

## SUMMER PROGRAM COORDINATOR

Lead, plan, and implement various summer programs and activities.

**Ages 18+ | Mid May-August**  
**Monday-Friday**  
 30-40 hrs/wk  
 \$15.58-\$16.31/hr

## FIELD ATTENDANT

Monitor recreation activities at designated athletic fields, overall cleanliness and operations of the facility, and safety of the participants.

**Ages 18+ | May-Mid October**  
 12-24 hrs/wk  
 \$11.98/hr

## SOFTBALL UMPIRES

Officiate league and tournament softball games sponsored or coordinated by the City. USSSA sanctioning required.

**Ages 18+ | May-September**  
 \$25/game

## BROOKVIEW GOLF COURSE STAFF

Golf maintenance, operations, and grill positions available.

**Ages 16+ | April-November**  
 \$9.98-\$14.34/hr

## PUBLIC WORKS MAINTENANCE STAFF

Positions available in the Street, Park and Utilities Maintenance Departments

**Ages 18+ | April-November**  
 \$11.11/hr

**Get more information  
and apply online at**  
[www.goldenvalleymn.gov/jobs](http://www.goldenvalleymn.gov/jobs)



# BROOKVIEW PARK PAVILIONS

Hosting a neighborhood, family, or company picnic? Rent a pavilion at Brookview Park, located in Golden Valley at the southwest corner of Hwy 55 and Winnetka Ave. Brookview Park pavilions are sure to be crowd pleasers, with great views of Brookview Golf Course and a maximum park capacity of 300.

## Reservations

### IN PERSON

Monday–Friday, 8 am–4:30 pm

Brookview

316 Brookview Pkwy

Golden Valley, MN 55426

### ONLINE

<http://webtrac.goldenvalleymn.gov>

## Reservation Time Frames

11 am–4 pm and/or 5 pm–dusk

## Damage/Clean-Up/Noise Deposit

**\$250 refundable deposit due at time of booking.**

*NOTE: Deposit refunds are processed one week after reservation. Due to processing procedures, deposits paid by check or cash could take up to four weeks to receive. Those paid by credit card will be processed immediately.*

## Music

Amplified music of any kind is **not permitted** at Brookview Park, except in conjunction with a city-sponsored event.

## Beer & Wine Permit (Pavilions Only)

**\$30 fee is due at time of booking.**

You may purchase an alcohol permit to serve beer and/or wine at your event (only in conjunction with a pavilion reservation).

## Small Pavilion

- 50 people at 10 tables
- 3 charcoal grills
- 2 water fountains
- 6 outlets

**Resident \$100**

**Non-Res \$115**



## Large Pavilion

- 100 people at 15 tables
- Wood fireplace
- Sink • 3 charcoal grills
- 16 outlets • Restrooms

**Resident \$130**

**Non-Res \$150**



# BROOKVIEW PARK GAZEBO



The Brookview Park Gazebo is available to rent for wedding ceremonies of up to 200 guests (only the ceremony area is covered). Rental of the gazebo is only available in conjunction with the rental of Brookview's Large Pavilion (see pavilion reservation times listed above). Guests are welcome to provide their own outdoor lawn chairs or use our exclusive chair rental service, American Affairs. Please contact them at 763-496-1357.

**\$50/hour resident, plus Large Pavilion rental fees**

**\$75/hour non-resident, plus Large Pavilion rental fees**

# TENNIS & PICKLEBALL COURTS

## Construction Update!

Six new pickleball courts are being constructed at Wildwood Park, with expected completion summer 2018. Four new tennis courts are being constructed at Wesley Park, with expected completion summer 2018.



## Court Etiquette

If a court is being used, simply hang your racquet or paddle in the designated area to show you are next for the court. The court will be released within one hour after racquet is placed in holder.

Locations	Address	TENNIS		PICKLEBALL
		Courts	Lighted	Courts
Brookview Park	200 Brookview Pkwy	6	4	-
Gearty Park	3101 Regent Ave N	1	1	-
Lions Park	151 Louisiana Ave N	2	-	-
Medley Park	2331 Ensign Ave N	3	3	3
Scheid Park	1856 Toledo Ave N	2	2	2
Seeman Park	1101 Florida Ave N	2	-	2
Wesley Park - CLOSED <i>Expected completion summer 2018</i>	8305 Wesley Dr	-	-	-
Wildwood Park - CLOSED <i>Expected completion summer 2018</i>	7401 Duluth St	-	-	-

[www.goldenvalleymn.gov/parks/tennis](http://www.goldenvalleymn.gov/parks/tennis)

## Lights

Courts with lights have push-button timers. If you would like to turn on the lights, simply push the button and the lights will stay on until 10 pm. Lights automatically go off at 10 pm.

## Rental

Courts are available for rent. Please call the Parks and Recreation office at 763-512-2345 for availability and to reserve your court.

Per hour	Tournament (per day)
\$6 resident	\$50 resident
\$8 non-resident	\$60 non-resident

Bring your paddle and play pickleball with other enthusiasts. All courts are reserved for pickleball play during this time.

## OPEN Pickleball



### Indoor

Davis Community Center  
Sundays through May 20  
3-5 pm  
\$4/person or  
\$30/10-punch pass

### Outdoor

Due to construction, held at  
Hidden Valley Park  
(32nd and Boone, New Hope)  
Mon, Wed & Fri, 8-10 am  
Thur, 7-9 pm



# GYM COURT RENTAL

Davis Community Center is attached to Meadowbrook Elementary School and located at 5430 Glenwood Ave. Its two courts are available for rent and can be used for basketball, volleyball, dance, indoor hockey, conditioning, birthday parties, and more. Court reservations can be made up to six months in advance and are based on availability. Call Golden Valley Parks and Recreation at 763-512-2345 for availability and reservations.

**2-hour minimum**  
**\$30/hr/court resident, \$40/hr/court non-resident**

Looking for Open Gym times? See page 24.



# EVENTS & CELEBRATIONS

Host your event at Golden Valley's newest full-service venue

Centrally located with expansive golf course and sunset views, the Bassett Creek Room at Brookview will offer a modern, versatile indoor and outdoor space for all occasions.

Weddings  
Birthdays

Meetings  
Retreats

Graduations  
Parties

and more!



## BROOKVIEW

GOLDEN VALLEY

For more information, visit  
[brookviewgoldenvalley.com](http://brookviewgoldenvalley.com)



# BROOKVIEW backyard indoor playground

.....

**Daily Admission:** \$4 res/\$5 non-res

**Punch Card:** \$35/10 punches (refillable)

**Extras:** \$2 for socks (if needed)

## Rules

1. The Backyard is designed for 2- to 12-year-olds, with a separate area for 2- to 5-year-olds.
2. Children must be accompanied by an adult or caretaker. Children under 2 and adults are free.
3. Safety first! No running or rough play. Socks are required at all times—no bare feet or shoes. Slides are for going down only; no climbing up. Outside toys or equipment are not allowed.
4. To keep the Backyard from being icky and sticky, we don't allow food, gum, and beverages (except bottled water) inside.
5. The Backyard hosts awesome birthday parties and can't accommodate drop-in parties.



[brookviewbackyard.com](http://brookviewbackyard.com)





## Volunteers Make A Difference

Check out the volunteer opportunities listed below and contact the Parks and Recreation office today to lend a helping hand.  
Visit our website for more information and to complete the online application.

### SPECIAL EVENTS

Run The Valley (April)  
Penny Carnival (Aug)  
Bike Rodeo (May)  
Golden Valley Golf Classic (Sept)

### OPEN SPACE & PARK IMPROVEMENTS

Adopt-A-Park (April–Oct)  
Mighty Tidy Day (Oct)  
Storm Sewer Stenciling (seasonal)



Golden Valley  
**Volunteers**

**Contact us today  
to lend your helping hand!**

### COMMUNITY PROGRAMS

Lawn Bowling Attendant (May–Oct)  
Photo Posse (varies)  
Summer Concert Series (June–Aug)  
Youth Holiday Programs (Dec)

### YOUTH ATHLETICS

Basketball Coach (Jan–March)  
Hockey Coach (Jan–Feb)  
Soccer Coach (Sept–Oct)  
Junior Golf League (June–July)

**VISIT:** [www.goldenvalleymn.gov/community/volunteers](http://www.goldenvalleymn.gov/community/volunteers) | **E-MAIL:** [ParkandRec@goldenvalleymn.gov](mailto:ParkandRec@goldenvalleymn.gov) | **CALL:** 763-512-2345



## Market in the Valley Farmers Market 2018

**Sundays / 9am - 1pm**  
**June 17–Oct 7**

7800 Golden Valley Road  
Behind City Hall under the Water Tower

**Local Food & Community Spirit!**

[www.marketinthevalley.org](http://www.marketinthevalley.org)



Hennepin County  
**Library**

HEY KIDS – don't forget the Golden Valley Library this summer! We've got music and magic, storytimes and Story Theater, comics and catapults, Lego®Mania, book clubs, and reading in the tent!

Get a free library card and win a book of your choice with Read Write Draw.

HEY PARENTS – don't forget the Golden Valley Library this summer! Reading prevents the "summer slide," where kids lose the reading gains they've made over the school year. We've got all kinds of books (plus CDs, DVDs, and magazines) for your child to enjoy. All library materials and programs are free of charge.

Have a great summer and see you at the library!

**FOR MORE INFORMATION AND A LIST  
OF EVENTS, CALL 612-543-6375  
OR VISIT [WWW.HCLIB.ORG](http://WWW.HCLIB.ORG).**



## Seasonal Off-Leash Pet Exercise Areas

**Gearty & Medley  
Hockey Rinks**

**7 am–10 pm daily**

Open spring until winter  
rink maintenance begins

Visit the City website at  
[www.goldenvalleymn.gov](http://www.goldenvalleymn.gov)  
for complete rules and  
closure updates.



**Step to it**

**Get active with  
your community**

Hennepin County's four-week Step To It Challenge is a free activity that motivates people of all ages and abilities to become more physically active during the month of May. Local communities engage in a friendly competition to determine which is most active.

### **A CHANCE TO WIN PRIZES!**

Participants have a chance to win Twins tickets and Step To It T-shirts. Each community awards a pair of Minnesota Twins tickets to the individual with the highest total of steps in their age bracket. These individuals are also recognized on the field at a 2018 Twins game.

### **HOW DOES IT WORK?**

The challenge is May 1–28, and everyone can join! It's not just about walking. Most activities can be converted to steps by using the online conversion chart. Log your activity daily or weekly in an online Step To It account.

**Registration begins April 1. Visit the Step To It  
Challenge website at [www.steptoit.org](http://www.steptoit.org).**



# BROOKVIEW

## GOLF & LAWN BOWLING

### Amenities

18-hole  
Par 3  
Driving range  
Lawn bowling  
Fire pit  
Bags

Leagues +  
lessons  
On-site  
bar + grill  
and more!

[brookviewgolf.com](http://brookviewgolf.com)



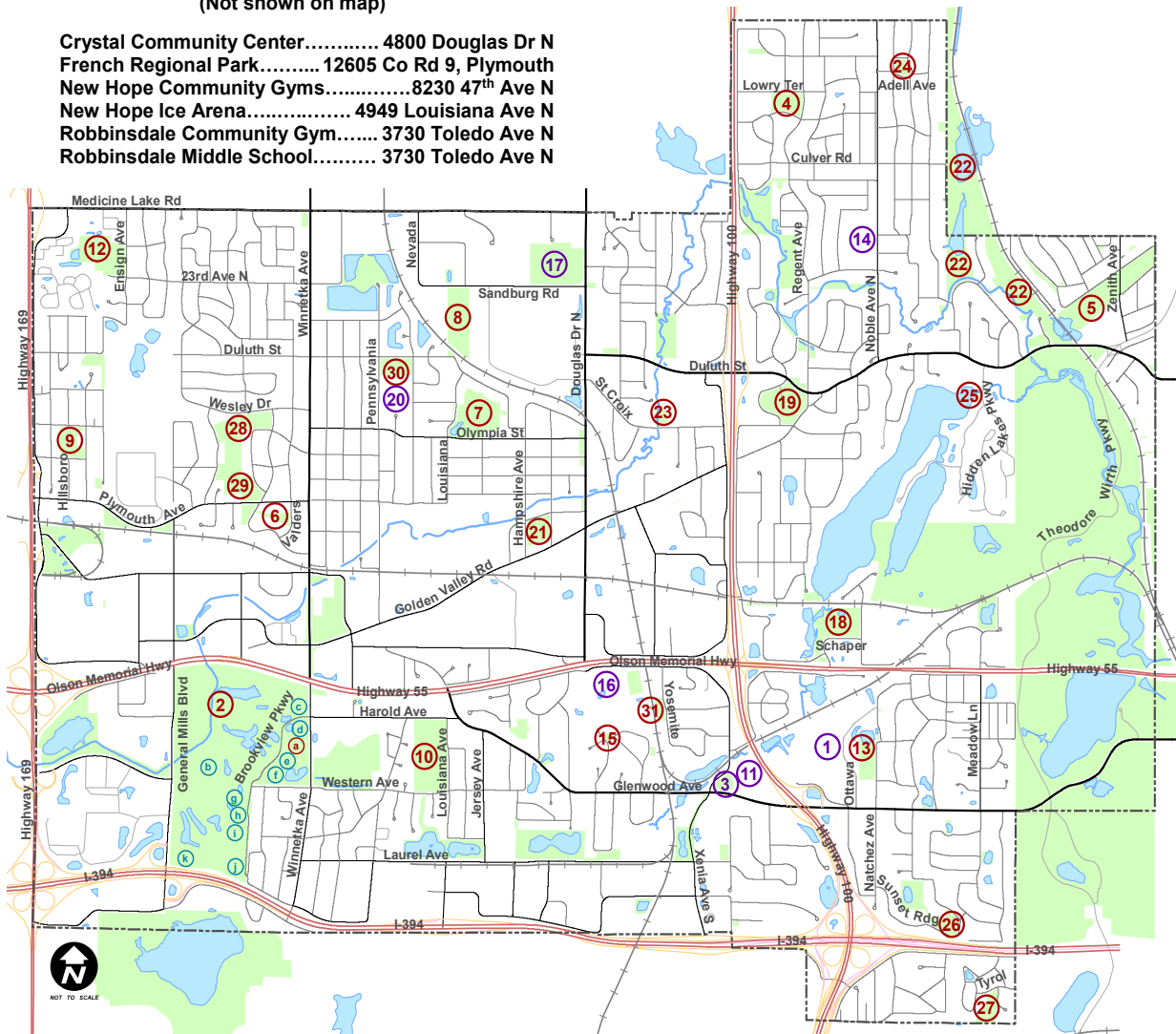
- 1) Breck School..... 123 Ottawa Ave N
- 2) Brookview..... 200 Brookview Pkwy N
  - a. Park
  - b. Regulation Golf Course
  - c. Tennis Courts
  - d. Small Picnic Shelter
  - e. Large Picnic Shelter
  - f. Gazebo
  - g. Par 3 Golf Course
  - h. Lawn Bowling Green
  - i. Golf Grill, Pro Shop, Community Center
  - j. Driving Range
  - k. Lesson Tee
- 3) Davis Community Center..... 5430 Glenwood Ave
- 4) Gearty..... 3101 Regent Ave N
- 5) Glenview Terrace..... 2351 Zenith Ave N
- 6) Golden Oaks..... 1141 Valders Ave N
- 7) Hampshire..... 1610 Louisiana Ave N
- 8) Isaacson Park..... 7101 Sandburg Rd
- 9) Lakeview..... 1521 Hillsboro Ave N
- 10) Lions..... 151 Louisiana Ave N

- 11) Meadowbrook School..... 5430 Glenwood Ave
- 12) Medley..... 2331 Ensign Ave N
- 13) Natchez..... 201 Natchez Ave
- 14) Noble School..... 2601 Noble Ave N
- 15) Paisley Park..... 220 Paisley Ln
- 16) Perpich Center for the Arts..... 6125 Olson Mem Hwy
- 17) Sandburg Athletic Facility..... 2400 Sandburg Ln
- 18) Schaper..... 631 Ottawa Ave N
- 19) Scheid..... 1856 Toledo Ave N
- 20) SEA School..... 1751 Kelly Dr
- 21) Seeman..... 1101 Florida Ave N
- 22) Sochacki..... 3500 June Ave N
- 23) St. Croix..... 5850 St Croix Ave N
- 24) Stockman..... 3300 Major Ave N
- 25) Sweeney Lake..... 1805 Hidden Lakes Pkwy
- 26) Tyrol – North..... 900 Westwood Dr S
- 27) Tyrol – South..... 1510 Kaltern Ln
- 28) Wesley – North..... 8305 Wesley Dr
- 29) Wesley – South..... 8200 Plymouth Ave
- 30) Wildwood Park..... 7401 Duluth St
- 31) Yosemite..... 351 Yosemite Ave

## Community Locations

(Not shown on map)

- Crystal Community Center..... 4800 Douglas Dr N  
 French Regional Park..... 12605 Co Rd 9, Plymouth  
 New Hope Community Gyms..... 8230 47<sup>th</sup> Ave N  
 New Hope Ice Arena..... 4949 Louisiana Ave N  
 Robbinsdale Community Gym..... 3730 Toledo Ave N  
 Robbinsdale Middle School..... 3730 Toledo Ave N



## Online

<https://webtrac.goldenvalleymn.gov>

Register online by creating your own account and login information. Available 24 hrs/day.

## Mail

Brookview  
316 Brookview Pkwy S  
Golden Valley, Minnesota 55426

## In Person

Walk-in registrations are accepted at Brookview. Registrations received after 4:30 pm may be processed the following business day.

Golden Valley accepts cash, checks payable to City of Golden Valley, and the following credit cards:



### REGISTRATION CONFIRMATION

Receipts are available upon request. You will be contacted only if the program is full, canceled, or a program change is necessary.

### CANCELLATION/REFUND POLICY

Full refunds will be issued if requests are made prior to the registration deadline for a program. If no deadline is advertised, refunds will be given prior to the day the program begins. Refund requests due to medical reasons, or after the registration deadline or start of the program, must be accompanied by a physician's note and will be considered on a case-by-case basis. Full refunds will be given if a program is cancelled by the Parks and Recreation Department.

### ADULT LEAGUE CANCELLATION/REFUND POLICY

Full refunds will be processed if your league is cancelled by Parks and Recreation due to lack of teams. Teams will receive a full refund less a \$40 service charge if they withdraw at least three weeks before the start of play. Refunds will not be processed if your team withdraws less than three weeks before the start of play or is removed from the league due to disciplinary action.

### SENIOR TRIP REFUND POLICY

No refunds will be issued after the registration deadline for trips involving advance purchase by the City for tickets, meals, or transportation. For extended trips, no refunds after the deposit deadline date.

### FINANCIAL AID

Financial aid is available for residents of Golden Valley for Golden Valley Parks and Recreation sponsored programs, events, and classes. Please call the Parks and Recreation Department for more information.

### INCLUSION REQUESTS

If you have a special needs requirement to participate in any of our programs or activities, please note at the time of registration. Inclusion services are available and provided by Reach for Resources. Please contact them at 952-200-3030.



## PUBLIC ART DISPLAYS AT BROOKVIEW & CITY HALL

The City will feature public art in Brookview and City Hall to give local and regional artists the opportunity to display, and by the artist's choice, sell their artwork in a location visible to the community. Artwork will be displayed in both buildings in rotating terms, generally three months each. The City will send RFAs to the art community and art facilitator groups twice a year. Art will be selected in advance for each term of the next year.

Summer and Fall RFAs will be announced March 5, 2018

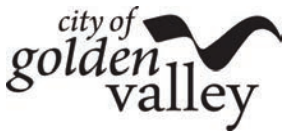
Submission deadline is April 6, 2018

Summer Display: May 31-August 28, 2018

Fall Display: August 30-November 27, 2018

For more information and to submit an application, visit the City of Golden Valley website at [www.goldenvalleymn.gov](http://www.goldenvalleymn.gov).





## ACTIVITY REGISTRATION FORM

### PARKS & RECREATION DEPARTMENT

316 Brookview Pkwy S  
Golden Valley, Minnesota 55426  
763-512-2345  
www.goldenvalleymn.gov

Parent/Guardian (if participant is under 18): \_\_\_\_\_ (REQUIRED) D.O.B. \_\_\_\_\_

Address: \_\_\_\_\_ Primary Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
(if different from above)

Special Needs, Disabilities or Allergies we should be aware of: \_\_\_\_\_

## ACTIVITY REGISTRATION

Participant's First & Last Name	M/F	D.O.B (REQUIRED)	Activity Name	Activity Code	Location	FEE

## 55+ TRIP REGISTRATION

Participant's First & Last Name	D.O.B (REQUIRED)	Trip Name	Trip Code	Pick-up Location	Special Requests	FEE

### CONSENT TO RELEASE OF INFORMATION & RELEASE OF LIABILITY

In consideration of your accepting this registration for my child (or person I am responsible for as guardian), or myself, I authorize the City of Golden Valley and its partner cities or other governmental agencies (hereinafter collectively "City") to disclose to the City's insurer, attorney, staff, coaches, participants and other personnel involved in this program the following information: name, address and telephone number. This information shall be used for the purpose of program administration. This consent to release information shall expire one year from the date of execution. I understand that the records are protected under the state and federal privacy regulations. I also understand that I may cancel this consent by a writing to that effect at any time prior to the information being released. I give my consent to use any photograph or video tape taken of my child (or person I am responsible for as guardian), or myself for future promotional or marketing materials. In consideration of the City providing the registered activities, I agree to release and not hold the City liable for any claim, damages or loss resulting from participation in any such activity, including claims for injuries, death and resulting medical costs and attorney fees. The completion of your registration signifies your acceptance of this consent.

SIGN: \_\_\_\_\_ DATE: \_\_\_\_\_

### Payment Information (please fill in)

<input type="checkbox"/> Cash	<input type="checkbox"/> Visa/MC/Amex/Disc # _____ Expire: _____	<b>TOTAL DUE:</b>
<input type="checkbox"/> Check # _____	Sec Code: _____ Sign for credit card: _____	

OFFICE USE ONLY - Date Processed: \_\_\_\_\_ By: \_\_\_\_\_

# Adopt -A- PARK

## Community Parks

<b>Gearty</b>	3101 Regent Ave N	Herb Purdy & Friends
<b>Hampshire</b>	1610 Louisiana Ave N	Brian Middleton
<b>Lakeview</b>	1521 Hillsboro Ave N	WorkAbilities, Inc
<b>Lions</b>	151 Louisiana Ave N	Kueny & Knippenberg Family
<b>Schaper</b>	631 Ottawa Ave N	SBG, Inc
<b>Scheid</b>	1856 Toledo Ave N	WSB & Associates, Inc
<b>Wesley (North)</b>	8305 Wesley Dr	Moore/Gasparini Families
<b>Wesley (South)</b>	8200 Plymouth Ave	Jack Stratton

## Neighborhood Parks

<b>Glenview</b>	2351 Zenith Ave N	Super Trash Heroes
<b>Golden Oaks</b>	1141 Valders Ave N	Kim Stroup
<b>Natchez</b>	201 Natchez Ave N	Dritsas & Hanscom Families
<b>North Tyrol</b>	900 Westwood Dr S	Marcie Schlaeger
<b>Paisley Park</b>	220 Paisley Ln	John & Pam Goranson & Barb Osborne
<b>Seeman</b>	1101 Florida Ave N	Northwest Suburban Optimist Club
<b>South Tyrol</b>	1510 Kaltern Ln	Tyrol Hills Youth
<b>St Croix</b>	5850 St. Croix Ave N	John & Pam Goranson & Barb Osborne
<b>Stockman</b>	3300 Major Ave N	WSB & Associates, Inc
<b>Sweeney Lake</b>		Hidden Lakes Association
<b>Wildwood</b>	7401 Duluth St	Kelly Drive Pumpkin Growers Association
<b>Yosemite</b>	351 Yosemite Ave N	Geving & Palkert Families

## Nature Areas

<b>Adeline</b>	910 Adeline Ln	Mike McHugh – State Farm Insurance
<b>Bassett Creek (north of Duluth)</b>	2130 Zane Ave N	B.A. Raak
<b>Bassett Creek (south of Duluth)</b>		John & Pam Goranson & Barb Osborne
<b>Bassett Creek (west of Wisconsin)</b>		ATS&R Architects & Engineers
<b>Briarwood</b>	2600 Unity Ave	Girl Scout Troops 2316 & 1670
<b>General Mills Nature Preserve</b>	9201 Olson Mem Hwy	GM Grounds Crew
<b>General Mills JFB Nature Area</b>		The Gannons
<b>Laurel Ave (east of Florida)</b>		Golden Valley Lutheran Church
<b>Laurel Ave (west of Florida to Jersey)</b>		The Lieberman Family
<b>Laurel Ave (west of Jersey to Pennsylvania)</b>		Joan Monson
<b>Sochacki Park (Mary Hills Area)</b>	2190 Bonnie Ln	Smith Schafer & Assoc
<b>Western Ave Marsh</b>	7600 Western Ave	Ilo & Peggy Leppik

**Adopt-A-Park is a public service program for volunteers to help Golden Valley keep its parks beautiful. To learn more about adopting a park, please call 763-512-2345.**

**Thank you, volunteers!**

## Available

### Medley Park

2331 Ensign Ave N

Size: 11 acres

### Amenities

- Walkways/Trails (lighted)
- Playground Equipment
- Basketball Court
- Tennis Courts (3 lighted)
- Softball Fields (2)
- Game Squares (lighted)
- Skating Rinks (general & hockey, lighted)
- Warming House
- Seasonal Off-Lease Pet Exercise Area
- Rent a tennis court
- Parking
- 25-stall parking lot



## Other Available Parks

**Pennsylvania Woods** 2301 Rhode Island Ave N  
**Sochacki Park (Rice Lake Area)** 4120 Bassett Creek Dr

**Brookview** 200 Brookview Pkwy N  
**Golden Ridge Nature Area** 9145 Earl St





Parks & Recreation Department  
316 Brookview Parkway South  
Golden Valley, MN 55426

Prsrt Std  
US Postage Paid  
Permit No. 1659  
Twin Cities, MN

\*\*\*\*\*ECRWSS\*\*  
POSTAL CUSTOMER

DATED MATERIAL  
PLEASE DELIVER PROMPTLY

# Summer in the Parks



## Friday Fun Days

Join our awesome staff to explore new places and discover all sorts of fun!  
(see page 12)

## Playground Adventures

Enjoy a summer of supervised outdoor fun with games, arts and crafts, and great playgrounds.  
(see page 5)



## Camp Valley

Camp Valley is an action-packed week full of adventures, including games, swimming, new friends, and team challenges.  
(see page 5)

## Puppet Wagon

Join us each week for fun stories and adventures told by your favorite puppets.  
(see page 13)



## Entertainment In The Parks

Concerts and movies in the park.  
(see page 1)

